

JOB ROLE – BEAUTY THERAPIST

Sector – Beauty & Wellness

(Qualification Pack Code: BWS/Q 0102)

Class XI



PSS Central Institute of Vocational Education

Shyamla Hills, Bhopal – 462 013 , Madhya Pradesh, India

www.psscive.ac.in

Unit 2: Skincare Services

Session 4: Bleaching

Content

| Title | Slide No. |
|--------------------|-----------|
| Session Objectives | 4 |
| Introduction | 5 |
| Patch Test | 6 |
| Bleaching | 7-12 |
| Summary | 13 |

Session Objectives

The students will be able to:

- ❑ Describe a patch test.
- ❑ Perform bleaching procedure.

Introduction

Unwanted hair on face can be removed by suitable hair removal procedures, such as threading and waxing. Fine hairs on the face can be discoloured to hide the unwanted hairs. A number of chemicals, such as Hydrogen peroxide and ammonia are used as bleaching agents. A Beauty Therapist should conduct patch test before the application of bleaching agent to avoid any reaction with the skin on the whole face.

Patch Test

Steps for Patch Test

A “Patch Test” should be conducted before application of the bleaching agent on the whole face of the client.

- Step 1:** Select a suitable bleach based on the requirement of a client and the person’s skin type.
- Step 2:** Take a teaspoon of bleaching cream.
- Step 3:** Add two to three grains of ammonia to the bleaching cream and mix well.
- Step 4:** Apply bleach on a small patch of the skin behind the ear.
- Step 5:** Wait for 10–15 minutes and observe for allergy or redness on the skin.
- Step 6:** If there is an allergy, then avoid using the bleach. Natural bleach can be used in this case.
- Step 7:** If no allergy is observed, then one may proceed with the procedure.

Bleaching

Material Required

1. Head band
2. Medium and small size towel
3. Cleansing milk
4. Eye pads (tea bags, cucumber slices)
5. Cotton pieces (2×2")
6. Plastic, glass or ceramic bowl or plate
7. Spatula Bleaching cream
8. Ammonia
9. Moisturiser
10. Lacto calamine
11. Ice cubes
12. Chilled water

Bleaching

Procedure

- Step-1:** Collect the required information, such as the age of the client, the last time the person underwent bleaching procedure, etc.
- Step-2:** Seat the client comfortably.
- Step-3:** Identify the client's skin type and condition.
- Step-4:** Conduct a patch test to check for infections or allergies.
- Steps-5:** Wrap a head band above the client's forehead and cover the clothes with a large towel, apron or disposable sheet.

Bleaching

Procedure

- Step 6:** Apply and spread cleansing milk all over the client's face and neck.
- Step 7:** Massage the neck and face in upward and outward direction with a moist cotton pad.
- Step 8:** Prepare the paste required for bleaching. Take 2–3 spatula of bleaching cream and 2–3 granules of ammonia, and mix well.
- Step 9:** Apply the paste to the upper lip first, and then, to the rest of the face.

Bleaching

Procedure

Step 10: Place eye pads to protect the eyes from watering.

Step 11: Now, wait for 5–7 minutes for the bleach to process.

Step 12: Remove little bleach from few spots and observe or the colour of the hair.

Step 13: If the hair is not bleached as desired, wait for another five minutes.

Bleaching

Procedure

Step 14: Again check for the effectiveness of the bleach.

Step 15: Remove the bleach with a spatula from all over the face and neck.

Step 16: Rub an ice cube all over the face and neck for relaxation.

Step 17: Apply moisturiser, sunscreen lotion or oil on the face.

Step 18: Lay a thin layer of lacto calamine in order to give a soothing effect to the skin.

Bleaching

The advantages and disadvantages of bleaching are as follows.

Advantages

- It lightens the skin tone.
- It helps in removing suntan.
- It gives instant result (within 10 minutes).

Disadvantages

- Prolonged use of chemicals may have harmful effects on the skin and hair.
- The client requires post-bleach care.

Summary

In this session, you have learnt to carry out a patch test and perform bleaching procedure for hiding unwanted hairs on the face. You have also learnt about the advantages and disadvantages of bleaching.

Project Coordinator : Dr. Vinay Swarup Mehrotra

Assistance
Vidhyashree Panchore



Joint Director

PSS Central Institute of Vocational Education

Shyamla Hills, Bhopal – 462 013 , Madhya Pradesh, India

E-mail: jdpsscive@gmail.com

Tel. +91 755 2660691, 2704100, 2660391, 2660564

Fax +91 755 2660481

Website: www.psscive.ac.in