

# JOB ROLE: GENERAL DUTY ASSISTANT

Sector- Health Care

(Qualification Pack Code: HSS/Q5101 )



PSS Central Institute of Vocational Education  
Shymala Hills, Bhopal – 462013 , Madhya Pradesh, India

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# **UNIT 3: ROLE OF GENERAL DUTY ASSISTANT FOR IN- PATIENT CARE**

## **Session 3:**

### **Bed Making for the Patient**

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# Session Objectives

The student will be able to:-

- Explain bed making procedure
- Differentiate types of bed
- Prepare client's unit.
- Explain comfort devices of patient .
- Describe responsibility of GDA in bed making



# Bed Making for Patient

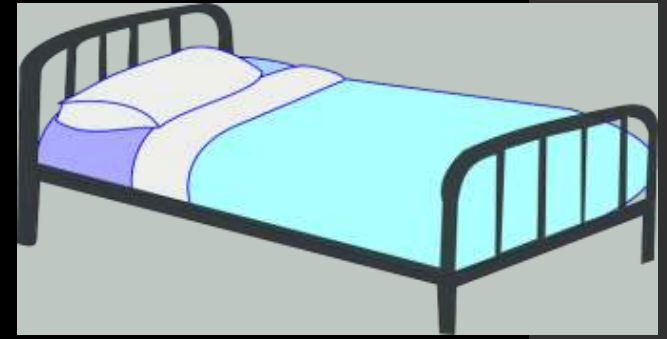


- For a good sleep, every individual requires mattress, pillow, good environment and comfort devices.
- Bed making is the procedure adopted for making beds using scientific principles of nursing.
- It provides maximum comfort to the patient.

# Need of Bed Making:-

- To provide comfortable rest and sleep to client
- To give ward a neat appearance
- To be ready for meeting any emergency needs of the patient
- To efficiently manage time, material and effort
- To check for bed sore, hygiene and client's ability of self care
- To teach the relatives to care for the sick at home.

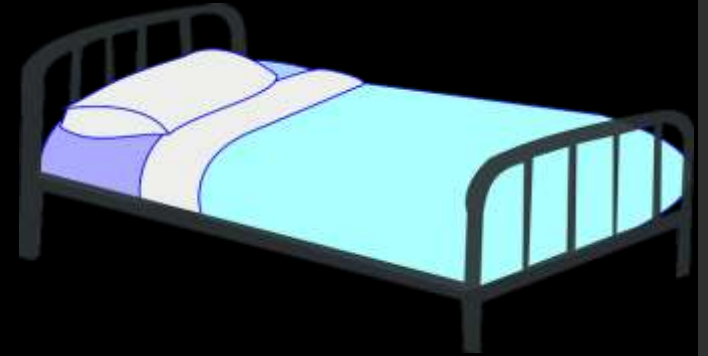
# Principles of Bed Making



- Hospital environment are more susceptible to micro-organisms .
- A safe bed ensures and prevents several complications in bedridden clients e.g. bedsore, foot drop.
- Good body mechanism maintains the body alignment and prevents fatigue.
- Systematic ways of bed making saves time, energy and material.

# General Instructions for Bed Making

1. Hands must be cleaned before and after procedure.
2. Take permission from the patient before changing the linen.
3. Avoid changing patient's position many times.
4. Client's face should not be covered while placing the linen.
5. Keep clean linen separately from soiled linen.

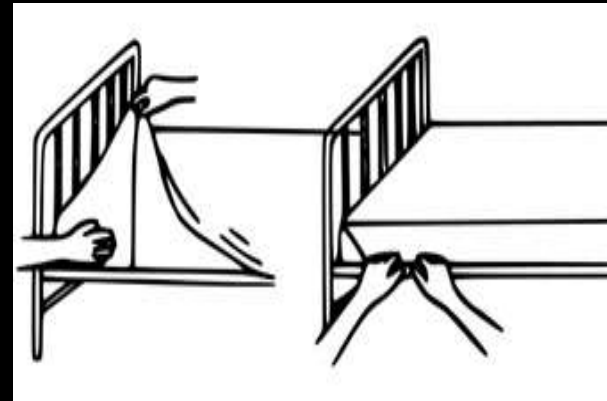


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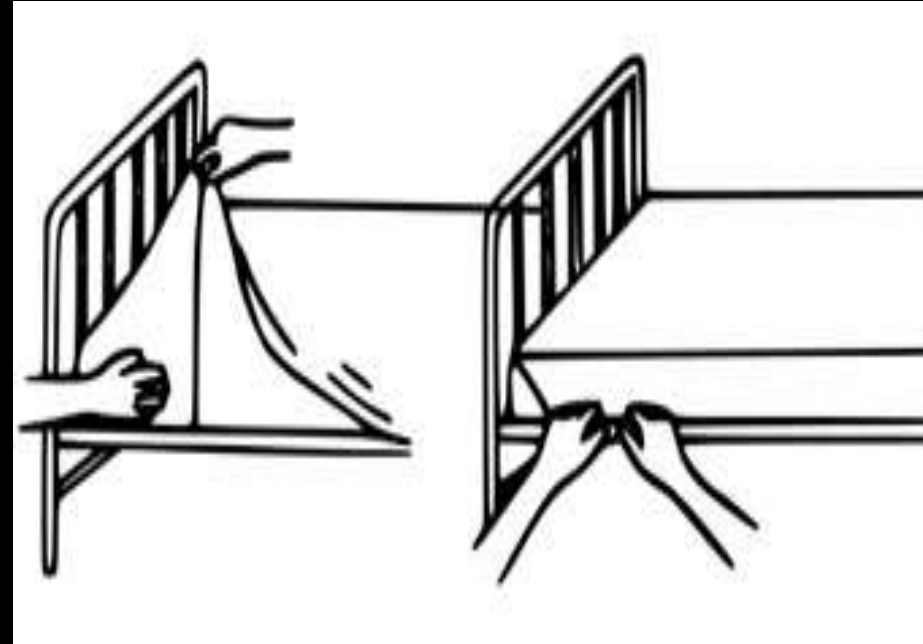
# General Instructions for Bed Making

6. The linen should not touch your body or uniform.
7. Make bed firm, smooth and unwrinkled.
8. Proper utilization of time, energy and material.
9. Keep distance from face of the client while making bed to prevent cross infection.



# Articles Needed for Bed Making

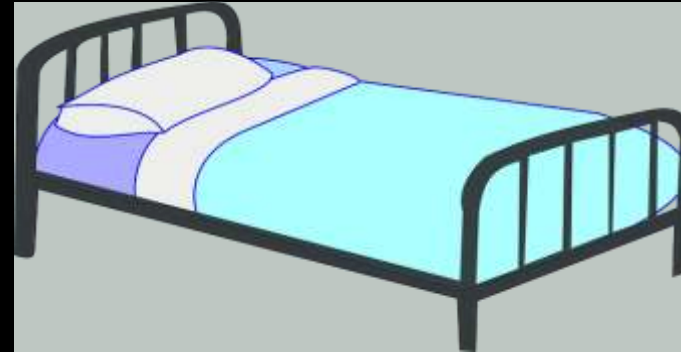
- Cot
- Mattress and pillow
- Chair or stool
- Bed side table and locker
- Mackintosh
- blanket
- Bed cover
- Bed pan



Cont...

# Articles Needed for Bed Making

- Two bed Sheets
- Draw sheet
- Pillow with cover
- Duster
- A bowl with antiseptic lotion
- Counter pane
- Urinal pot



# Different Types of Bed

S .No.	Types of Bed
1	Open Bed
2	Closed Bed
3	Admission Bed
4	Occupied Bed
5	Cardiac Bed
6	Fracture Bed
7	Amputation Bed
8	Blanket Bed
9	Burn Bed

# Preparation of Client and Unit

- Explain procedure to the client and family members.
- Explain how client can assist.
- Screen client to provide privacy.
- Place the chair at the foot end of the bed
- Place the clean linen on it in the reverse order of use.
- Place the laundry bag within reach.

# Remaking an Open Bed

- Wash hands
- Remove the pillow and place it on the chair
- Remove the top linen.
- Fold the draw sheet.
- Roll the mackintosh and place it on a chair.
- Fold bottom sheet into six parts to remove.
- Remove soiled mattress cover
- Dry the mattress with a dry duster.
- Use antiseptic lotion to clean furniture



# Remaking an Open Bed

1. Prepare base of the bed to a side.
2. Place bottom sheet on the middle of mattress.
3. Tuck it at the top in the near side.
4. Make a mitred corner .
5. Place the mackintosh.
6. Keep the draw sheet over the mackintosh
7. Place the top sheet.

Cont...

# Remaking an Open Bed

8. Spread the blanket over the top sheet.
9. Tuck at the foot end altogether or separately
10. Make mitred corners.
11. Put the pillow case on the pillow
12. Place the pillow at the head end.



# After Care of Client in Unit

- Help the client to get into the bed.
- Cover the client with the top linen.
- Check for bedpans, urinals, sputum cups, kidney trays in the client's unit .
- Ensure windows and doors are dust free.
- Arrange articles in the order of their use.
- Water flasks should be washed and filled with clean water.
- Send the laundry bag with the soiled linen.
- Record the observations made on the client.

# GDA Responsibility in Bed Making

- Check doctor's order for any specific requirements in the client's unit.
- Assess if clients can perform self-care activities.
- Check for adequate furniture and linen
- Assess requirement for clean linen and articles
- Change the linen.

# Summary

- Need of bed making, articles required and types of bed used in patient care.
- Process of preparing bed or unit for client to make them feel comfortable .
- GDA responsibilities in bed making and after care of patient in ward.



# Assignment/Follow-up Activities

Teacher will take student to a hospital visit to watch bed making procedure and student will make note on followings-

S.No.	Assignment
1	Write steps for preparing unoccupied bed
2	Enumerate different types of bed
3	List of various comfort devices in unit
4	Enumerate steps involved in making of open bed



# Thank You

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