LEARNING OUTCOMES BASED CURRICULUM

JOB ROLE: Food Analyst

(Ref. Id: FIC/Q7607)
Sector: Food Processing
NSQF Level: 4

Classes 11 and 12



PSS CENTRAL INSTITUTE OF VOCATIONAL EDUCATION

(a constituent unit of NCERT, under MoE, Government of India)

Shyamla Hills, Bhopal- 462 002, M.P., India

http://www.psscive.ac.in



Gandhiji's Talisman

I will give you a talisman. Whenever you are in doubt or when the self becomes too much with you, apply the

following test:

Recall the face of the poorest and the weakest man whom you may have seen and ask yourself if the step you contemplate is going to be of any use to him. Will he gain anything by it? Will it restore him to a control over his own life and destiny? In other words, will it lead to Swaraj for the hungry and spiritually starving millions?

Then you will find your doubts and your self melting away.

mkganshi







LEARNING-OUTCOMES BASED CURRICULUM

JOB ROLE: Food Analyst

(QUALIFICATION PACK: Ref. Id. FIC/Q7607)

NSQF Level: 4

Classes 11 & 12

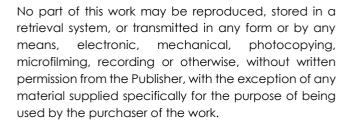


PSS CENTRAL INSTITUTE OF VOCATIONAL EDUCATION
Shyamla Hills, Bhopal- 462 002, M.P., India

LEARNING OUTCOME BASED VOCATIONAL CURRICULUM, Food Processing, Food Analyst, March, 2025

© PSSCIVE, 2025

http://www.psscive.ac.in



The views and opinions expressed in this publication are those of the contributors/ authors and do not necessarily reflect the views and policies of PSS Central Institute of Vocational Education, Bhopal. The PSSCIVE does not guarantee the accuracy of the data included in this publication and accepts no responsibility for any consequence of their use.

Published by:

Joint Director PSS Central Institute of Vocational Education, NCERT, Shyamla Hills, Bhopal



PATRON

Prof. Dinesh Prasad Saklani,

Director National Council of Educational Research and Training, New Delhi

Dr. Deepak Paliwal

Joint Director
PSS Central Institute of Vocational
Education Bhopal

COURSE COORDINATOR

Dr. R. Ravichandran
Head, Department of Humanities, Science,
Education and Research,
PSS Central Institute of Vocational
Education Bhopal

FOREWORD

The Pandit Sunderlal Sharma Central Institute of Vocational Education (PSSCIVE), a constituent unit of National Council of Educational Research and Training (NCERT) is spearheading the efforts of developing learning outcome based vocational curriculum and courseware aimed at integrating both vocational and general qualifications to open pathways of career progression for students. It is a part of Vocationalisation of Education under Samagra Shiksha. The PSS Central Institute of Vocational Education (PSSCIVE) is developing curricula under the project approved by the Project Approval Board (PAB) of Samagra Shiksha of Ministry of Human Resource Development (MHRD), Govt. of India.

The main purpose of the learning outcome-based curricula is to bring about the improvement in teaching-learning process and working competences through learning outcomes embedded in the vocational subject. It is a matter of great pleasure to introduce this learning outcome-based curriculum as part of the vocational training packages for the job role of "Food Analyst". The curriculum has been developed for the secondary students of vocational education and is aligned to the National Occupation Standards (NOSs) of a job role identified and approved under the National Skill Qualification Framework (NSQF). The curriculum aims to provide children with employability and vocational skills to support occupational mobility and lifelong learning. It will help them to acquire specific occupational skills that meet employers' immediate needs. The teaching process is to be performed through the interactive sessions in classrooms, practical activities in laboratories and workshops, projects, field visits, and professional experiences. The curriculum has been developed and reviewed by a group of experts and their contributions are greatly acknowledged. The utility of the curriculum will be adjudged by the qualitative improvement that it brings about in teaching-learning. The feedback and suggestions on the content by the teachers and other stakeholders will be of immense value to us in bringing about further improvement in this document.

Dinesh Prasad Saklani
Director,
National Council of Education Research and Training,
New Delhi

PREFACE

India today stands poised at a very exciting juncture in its saga. The potential for achieving inclusive growth are immense and the possibilities are equally exciting. The world is looking at us to deliver sustainable growth and progress. To meet the growing expectations, India will largely depend upon its young workforce. The much-discussed demographic dividend will bring sustaining benefits only if this young workforce is skilled and its potential is channelized in the right direction.

In order to fulfill the growing aspirations of our youth and the demand of skilled human resource, the Ministry of Human Resource Development (MHRD), Government of India introduced the revised Centrally Sponsored Scheme of Vocationalisation of Secondary and Higher Secondary Education that aims to provide for the diversification of educational opportunities so as to enhance individual employability, reduce the mismatch between demand and supply of skilled manpower and provide an alternative for those pursuing higher education. For spearheading the scheme, the PSS Central Institute of Vocational Education (PSSCIVE) was entrusted the responsibility to develop competency-based curricula, student workbooks, teacher handbooks and e-learning materials for the job roles in various sectors, with growth potential for employment.

The PSSCIVE firmly believes that the vocationalisation of education in the nation needs to be established on a strong footing of philosophical, cultural and sociological traditions and it should aptly address the needs and aspirations of the students besides meeting the skill demands of the industry. The curriculum, therefore, aims at developing the desired professional, managerial and communication skills to fulfill the needs of the society and the world of work. In order to honor its commitment to the nation, the PSSSCIVE has initiated the work on developing learning outcome-based curricula with the involvement of faculty members and leading experts in respective fields. It is being done through the concerted efforts of leading academicians, professionals, policy makers, partner institutions, Vocational Education and Training experts, industry representatives, and teachers. The expert group through a series of consultations, working group meetings and use of reference materials develops a National Curriculum. Currently, the Institute is working on developing curricula and courseware for over 50 job roles in various sectors, besides the curricula developed for 100 job roles

We extend our gratitude to all the contributors for selflessly sharing their precious knowledge, acclaimed expertise, and valuable time and positively responding to our request for development of curriculum. We are grateful to MHRD and NCERT for the financial support and cooperation in realizing the objective of providing competency based modular curricula and courseware to the States and other stakeholders under the PAB (Project Approval Board) approved project of Samagra Shiskha of Ministry of Human Resource Development (MHRD), Government of India.

Finally, for transforming the proposed curriculum design into a vibrant reality, all the institutions involved in the delivery system shall have to come together with a firm commitment and they should secure optimal community support. The success of this curriculum depends upon its effective implementation and it is expected that the managers of vocational education and training system, including subject teachers will make efforts to create better facilities, develop linkages with the world of work and foster a conducive environment as per amendments made in the curriculum document.

The PSSCIVE, Bhopal remains committed in bringing about reforms in the vocational education system through the learner-centric curricula and courseware. We hope that this document will prove useful in turning out more competent Indian workforce for the 21st century.

Dr. Deepak Paliwal Joint Director PSS Central Institute of Vocational Education Bhopal

ACKNOWLEDGEMENTS

On behalf of the team at the PSS Central Institute of Vocational Education (PSSCIVE) we are grateful to the members of the Project Approval Board (PAB) of Samagra Shiksha and the officials of the Ministry of Education (MoE), Government of India for the financial support to the project for development of curricula.

We are grateful to the Director, National Council for Education, Research and Training (NCERT) for his support and guidance. We also acknowledge the contributions of our colleagues at the Technical Support Group of Samagra Shiksha, MoE, National Skill Development Agency (NSDA) and National Skill Development Corporation (NSDC) and Food Industry Capacity Initiatives of India (FICSI) for their academic support and cooperation in the development of curricula.

We are also grateful to Dr. R. Ravichandran, Course Coordinator, Dr Rakesh Kumar Raman, Assistant Professor, Department of Humanities, Sciences, Education and Research, PSSCIVE, Bhopal, and the experts Dr. Dinesh Kumar, Head, Food Science & Post Harvest Technology, ICAR-IARI, Delhi and Dr. Neelam Upadhyay, Senior Scientist, Food Science & Post Harvest Technology, ICAR-IARI, Delhi for their contributions in the development of this learning outcome-based curricula for the Job Role: Food Analyst for Class 11 and 12. We also acknowledge the support of Shalu Giri, Sneha Soni, and Prachi Gautam of Food Technology & Processing Lab, PSSCIVE, Bhopal. The contributions made by Dr. Vinay Swarup Mehrotra and his team, at PSSCIVE in the development of the curriculum for the Employability Skills (Part-A) are also duly acknowledged.

PSSCIVE Team

S.No.		Title	Page No.		
	Foreword		(i)		
	Preface		(ii)		
	Acknowledgement				
1.	Course Overview	1			
2.	Scheme of Units	2			
3.	Teaching/Training Ad	tivities	4		
4.	Assessment and Cert	ification	5		
5.	Unit Content CLASS 11				
	Pa	t A Employability Skills			
		Unit 1: Communication Skills – III	7		
		Unit 2: Self-management Skills – III	9		
		Unit 3: Information and Communication	10		
		Technology Skills – III			
		Unit 4: Entrepreneurial Skills – III	11		
		Unit 5: Green Skills – III	12		
	Pa	rt B Vocational Skills			
		Unit 1: Introduction to Food Processing Sector	13		
		Unit 2: Component required for Lab Analysis	14		
		Unit 3: Technique for testing process	14		
		Unit 4: Perform Physical and Chemical analysis	15		
		Unit 5: Food safety and hygiene	15		
		CLASS 12			
	Pa	t A Employability Skills			
		Unit 1: Communication Skills – IV	16		
		Unit 2: Self-management Skills – IV	17		
		Unit 3: Information and Communication Technology Skills – IV	18		
		Unit 4: Entrepreneurial Skills – IV	19		
		Unit 5: Green Skills – IV	20		
		Vocational Skills			
		Unit 1: Food Safety and Personal Hygiene	21		
		Unit 2: Food Standards	21		
		Unit 3: Sensory, Microbiological and Statistical Analysis	22		
		Unit 4: Post Test Analysis	22		
		Unit 5: Results, Discussion and Preparation of Certificate of Analysis	22		
6.	Organization of Field	· · · · · · · · · · · · · · · · · · ·	23		
7.	List of Equipment and		23		
8.		s/ Trainer's Qualification and Guidelines	24		
9.	List of Contributors		24		
10.	List of Reviewers		25		

1. COURSE OVERVIEW

COURSE TITLE: Food Analyst

A food analyst is responsible for conducting qualitative and quantitative tests to determine the physical and chemical properties of food. They are also responsible for recording and compiling the test results, preparing charts and reports as well preparing and incubating plates with cultures. They define quality assurance targets and procedures and see to their maintenance and continued improvement by reviewing targets, protocols, supplies, processes, equipment, and technologies for quality standards.

COURSE OBJECTIVES: On completion of the course, students should be able to:

- Prepare for testing process
- Carry out chemical, physical, microbiological, and sensory testing of food
- Carry out analysis of packaging material used for food
- Carry out compilation and record observation
- Apply necessary health and safety practices to ensure workplace health and safety
- Work effectively with others
- Use resources at the workplace optimally

COURSE REQUIREMENTS: The learner should have the basic knowledge of science.

COURSE LEVEL: On completion of this course, a student can take up a higher-level course for a job role in Food Analyst.

COURSE DURATION: 600 hrs

Class 11 : 300 hrs Class 12 : 300 hrs

Total : 600 hrs

2. SCHEME OF UNITS AND ASSESSMENT

This course is a planned sequence of instructions consisting of Units meant for developing employability and vocational competencies of students of Class 11 and 12, opting for vocational subject along with general education subjects. The unit-wise distribution of hours and marks for Class 11 is as follows:

	CLASS 11		
	Units	No. of Hours for Theory and Practical 300	Max. Marks for Theory and Practical 100
Part A	Employability Skills		
	Unit 1: Communication Skills – III	25	
	Unit 2: Self-management Skills – III	25	
	Unit 3: Information and Communication Technology Skills – III	20	10
	Unit 4: Entrepreneurial Skills – III	25	
	Unit 5: Green Skills – III	15	
	Total	110	10
Part B	Vocational Skills		
	Unit 1: Introduction to Food Processing Sector	25	
	Unit 2: Organize lab and manage resources to carry out testing	45	40
	Unit 3: Plan for testing process	35	
	Unit4: Perform chemical and physical analysis	40	
	Unit 5: Food safety and hygiene	20	
	Total	165	
Part C	Practical Work		
	Practical Examination	06	10
	Written Test	01	10
	Viva Voce	03	10
	Total	10	30
Part D	Project Work/Field Visit		
	Practical File/Student Portfolio	10	05
	Viva Voce	05	05
	Total	15	10
	Grand Total	300	100

The unit-wise distribution of hours and marks for Class 12 is as follows:

	CLASS 12		
	Units	No. of Hours for Theory and Practical 300	Max. Marks for Theory and Practical 100
Part A	Employability Skills		
	Unit 1: Communication Skills – IV	25	10
	Unit 2: Self-management Skills – IV	25	
	Unit 3: Information and Communication Technology Skills – IV	20	
	Unit 4: Entrepreneurial Skills – IV	25	
	Unit 5: Green Skills – IV	15	
	Total	110	10
Part B	Vocational Skills		
	Unit 1: Food Safety and Personal Hygiene	45	
	Unit 2: Food Standards	40	
	Unit 3: Sensory, Microbiological and Statistical Analysis	25	40
	Unit 4: Post Test Analysis	20	
	Unit 5: Results, Discussion and Preparation of Certificate of Analysis	35	
	Total	165	
Part C	Practical Work		
	Practical Examination	06	10
	Written Test	01	10
	Viva Voce	03	10
	Total	10	30
Part D	Project Work/Field Visit		
	Practical File/Student Portfolio	10	05
	Viva Voce	05	05
·	Total	15	10
	Grand Total	300	100

3. TEACHING/TRAINING ACTIVITIES

The teaching and training activities have to be conducted in classroom, laboratory/ workshops and field visits. Students should be taken to field visits for interaction with experts and to expose them to the various tools, equipment, materials, procedures and operations in the workplace. Special emphasis should be laid on the occupational safety, health and hygiene during the training and field visits.

CLASSROOM ACTIVITIES

Classroom activities are an integral part of this course and interactive lecture sessions, followed by discussions should be conducted by trained vocational teachers. Vocational teachers should make effective use of a variety of instructional aids, such as audio-video materials, color slides, charts, diagrams, models, exhibits, hand-outs, online teaching materials, etc. to transmit knowledge and impart training to the students.

PRACTICAL WORK IN LABORATORY/WORKSHOP

Practical work may include but not limited to hands-on-training, simulated training, role play, case-based studies, exercises, etc. Equipment and supplies should be provided to enhance hands-on learning experience of students. Only trained personnel should teach specialized techniques. A training plan that reflects tools, equipment, materials, skills and activities to be performed by the students should be submitted by the vocational teacher to the Head of the Institution.

FIELD VISITS/ EDUCATIONAL TOUR

In field visits, children will go outside the classroom to obtain specific information from experts or to make observations of the activities. A checklist of observations to be made by the students during the field visits should be developed by the Vocational Teachers for systematic collection of information by the students on the various aspects. Principals and Teachers should identify the different opportunities for field visits within a short distance from the school and make necessary arrangements for the visits. At least three field visits should be conducted in a year.

4. ASSESMENT AND CERTIFICATION

Upon successful completion of the course by the candidate, the Central/ State Examination Board for Secondary Education and the respective Sector Skill Council will certify the competencies.

The National Skills Qualifications Framework (NSQF) is based on outcomes referenced to the National Cooking Standards (NQSIs), rather than inputs. The NSQF level descriptors, which are the learning of the Cooking Standards (NQSIs), rather than inputs.

Occupation Standards (NOS's), rather than inputs. The NSQF level descriptors, which are the learning outcomes for each level, include the process, professional knowledge, professional skills, core skills and responsibility. The assessment is to be undertaken to verify that individuals have the knowledge and skills needed to perform a particular job and that the learning programme undertaken has delivered education at a given standard. It should be closely linked to certification so that the individual and the employer could come to know the competencies acquired through the vocational subject or course. The assessment should be reliable, valid, flexible, convenient, cost effective and above all it should be fair and transparent. Standardized assessment tools should be used for assessment of knowledge of students. Necessary arrangements should be made for using technology in assessment of students.

KNOWLEDGE ASSESSMENT (THEORY)

Knowledge Assessment should include two components: one comprising of internal assessment and second an external examination, including theory examination to be conducted by the Board. The

assessment tools shall contain components for testing the knowledge and application of knowledge. The knowledge test can be objective paper-based test or short structured questions based on the content of the curriculum.

WRITTEN TEST

It allows candidates to demonstrate that they have the knowledge and understanding of a given topic. Theory question paper for the vocational subject should be prepared by the subject experts comprising group of experts of academicians, experts from existing vocational subject experts/teachers, subject experts from university/colleges or industry. The respective Sector Skill Council should be consulted by the Central/State Board for preparing the panel of experts for question paper setting and conducting the examinations.

The blue print for the question paper may be as follows:

Duration: 3hrs

		No	No. of Questions		
S. No.	Typology of Question	Very Short Answer (1 mark)	Short Answer (2 Marks)	Long Answer (3 Marks)	Marks
1.	Remembering – (Knowledge based simple recall questions, to know specific facts, terms, concepts, principles, or theories; identify, define or recite, information)	2	1	2	10
2.	Understanding – (Comprehension – to be familiar with meaning and to understand conceptually, interpret, compare, contrast, explain, paraphrase, or interpret information)	1	2	2	11
3.	Application – (Use abstract information in concrete situation, to apply knowledge to new situations: Use given content to interpret a situation, private an example, or solve a problem)	0	1	1	05
4.	High Order Thinking Skills – (Analysis & Synthesis – Classify, compare, contrast, or differentiate between different pieces of information; Organize and/ or integrate unique pieces of information from a variety of sources)	0	1	0	02
5.	Evaluation – (Appraise, judge, and/or justify the value or worth of a decision or outcome, or to predict outcomes based on values)	0	1	0	02
	Total	3x1=3	6x2=12	5x3=15	30 (14 Question)

SKILL ASSESSMENT (PRACTICAL)

Assessment of skills by the students should be done by the assessors/examiners on the basis of practical demonstration of skills by the candidate, using a competency checklist. The competency checklist should be developed as per the National Occupation Standards (NOS's) given in the Qualification Pack for the Job Role to bring about necessary consistency in the quality of assessment across different sectors and Institutions. The student has to demonstrate competency against the performance criteria defined in the National Occupation Standards and the assessment will indicate that they are 'competent', or are 'not yet competent'. The assessors assessing the skills of the students should possess a current experience in the industry and should have undergone an effective training in assessment principles and practices. The Sector Skill Councils should ensure that the assessors are provided with the training on the assessment of competencies.

Practical examination allows candidates to demonstrate that they have the knowledge and understanding of performing a task. This will include hands-on practical exam and viva voce. For practical, there should be a team of two evaluators – the subject teacher and the expert from the relevant industry certified by the Board or concerned Sector Skill Council. The same team of examiners will conduct the viva voce.

Project Work (individual or group project) is a great way to assess the practical skills on ascertain time period or timeline. Project work should be given on the basis of the capability of the individual to perform the tasks or activities involved in the project. Projects should be discussed in the class and the teacher should periodically monitor the progress of the project and provide feedback for improvement and innovation. Field visits should be organized as part of the project work. Field visits can be followed by a small-group work/project work. When the class returns from the field visit, each group might be asked to use the information that they have gathered to prepare presentations or reports of their observations. Project work should be assessed on the basis of practical file or student portfolio.

Student Portfolio is a compilation of documents that supports the candidate's claim of competence. Documents may include reports, articles, photos of products prepared by students in relation to the unit of competency.

Viva voce allows candidates to demonstrate communication skills and content knowledge. Audio or video recording can be done at the time of viva voce. The number of external examiners would be decided as per the existing norms of the Board and these norms should be suitably adopted/adapted as per the specific requirements of the vocational subject. Viva voce should also be conducted to obtain feedback on the student's experiences and learning during the project work/field visits.

5. UNIT CONTENTS

CLASS 11

Part A: Employability Skills

S.No.	Units	Duration (hrs)
1.	Communication Skills- III	25
2.	Self-management Skills – III	25
3.	Information and Communication Technology Skills - III	20
4.	Entrepreneurial Skills – III	25
5.	Green Skills – III	15
	Total	110

	Learning Outcome	Theory	Practical	Duration
		(10 hrs)	(15 hrs)	(25 hrs)
1.	Demonstrate knowledge of communication	 Introduction to communication Importance of communication Elements of communication Perspectives in communication Effective communication 	 Role-play on the communication process Group exercise on factors affecting perspectives in communication Classroom discussion on the 7Cs of effective communication Chart making on elements of communication 	03
2.	Demonstrate verbal communication	Verbal communication Public Speaking	 Role-play of a phone conversation. Group exercise on public speaking 	02

3.	Demonstrate non-verbal communication Speak using correct	 Importance of nonverbal communication Types of non-verbal communication Visual communication Pronunciation basics 	Role-play on non-verbal communication Group exercise on body language Group activity on methods of communication Group activities on	02
	pronunciation	2. Speaking properly3. Phonetics4. Types of sounds	practicing pronunciation	01
5.	Apply an assertive communication style	 Important communication styles Assertive communication Advantages of assertive communication Practicing assertive communication 	 Group discussion on communication styles Observing and sharing communication styles 	03
6.	Demonstrate the knowledge of saying no	 Steps for saying 'No' Connecting words 	 Group discussion on how to respond Group activity on saying 'No' 	02
7.	Identify and use parts of speech in writing	 Capitalisation Punctuation Basic parts of speech Supporting parts of speech 	 Group activity on identifying parts of speech Writing a paragraph with punctuation marks Group activity on constructing sentences Group activity on identifying parts of speech 	03
8.	Write correct sentences and paragraphs	 Parts of a sentence Types of object Types of sentences Paragraph 	 Activity on writing sentences Activity on active and passive voice Assignment on types of sentences 	02
9.	Communicate with people	 Greetings Introducing self and others 	 Role-play on formal and informal greetings Role-play on introducing someone Practice greetings 	02

Total				25
				01
14.	Ask or give directions to others	Asking for directions Using landmarks	 Role-play on asking and giving directions Identifying symbols 	
13.	Describe habits and routines	Concept of habits and routines	 Discuss habits and routines Group activity on describing routines 	01
12.	Communicate information about family to others	Names of relatives Relations	Practice talking about family Role-play on relations	01
11.	Develop questioning skill	 Main types of questions Forming closed and open-ended questions 	Practice exercise on forming questions Group activity on framing questions	01
10.	Introduce yourself to others and write about oneself	Talking about self Filling a form	Practice self- introduction and filling up forms Practice self- introduction to others	01

Learning Outcome	Theory	Practical	Duration
	(10 hrs)	(15 hrs)	(25 hrs)
Identify and analyze own strengths and weaknesses	 Understanding self Techniques for identifying strengths and weaknesses Difference between interests and abilities 	 Activity on writing aims in life Prepare a worksheet on interests and abilities 	03
2. Demonstrate personal grooming skills	Guidelines for dressing and grooming Preparing a personal grooming checklist	Activity on dressing and grooming standards Self-reflection on dressing and grooming	04
3. Maintain personal hygiene	 Importance of personal hygiene Three steps to personal hygiene Essential steps of hand washing 	Role-play on personal hygiene Assignment on personal hygiene	03
4. Demonstrate the knowledge of working in a team and participating in group activities	Describe the benefits of teamwork Working in a team	Assignment on working in a team Self-reflection on teamwork	03

5. Develop networking skills	Benefits of networking skills Steps to build networking skills	Activity on networking Assignment on networking skills	03
6. Describe the meaning and importance of self-motivation	Meaning of self- motivation Types of motivation Steps to building self- motivation	Activity on staying motivated Assignment on reasons hindering motivation	03
7. Set goals	Meaning of goals purpose of goal-setting Setting SMART goals	Assignment on setting SMART goals Activity on developing long-term and short-term goals	03
8. Apply time management strategies and techniques	Meaning and importance of time management Steps for effective time management	Checklist for making preparation for daily activities Preparing To-do-list	03
Total	1	1	25

UNIT 3: INFORMA	JNIT 3: INFORMATION AND COMMUNICATION TECHNOLOGY-III				
Learning Outcon	Theory				
1. Create a	(08 hrs) 1. Introduction to ICT	(12 hrs) 1. Demonstration and	(20 hrs)		
document on t word processor		 Demonstration and practice of the following: Creating a new document Typing text Saving the text Opening and saving file on Microsoft word/Libre Office Writer. 	02		
2. Identify icons of the toolbar	 Status bar Menu bar Icons on the Menu bar Multiple ways to perform a function 	Work with a basic user interface of LibreOffice writer Working with LibreOffice Writer or Microsoft Word	02		
3. Save, close, op and print document	1. Save a word document 2. Close 3. Open an existing document 4. Print	Perform the functions for saving, closing and printing documents on LibreOffice Writer Perform the functions on Microsoft Word	02		

Writer 2. Perform the functions of formatting on Microsoft Word	02
 Perform the functions of checking spellings on LibreOffice Writer Perform the functions of checking the spelling on Microsoft Word 	02
Perform the functions on LibreOffice Writer	03
 Perform the functions on LibreOffice Writer Perform the functions on Microsoft Word 	03
 Perform the functions on LibreOffice Writer Perform the functions on Microsoft Word 	04
	2. Perform the functions of formatting on Microsoft Word 1. Perform the functions of checking spellings on LibreOffice Writer 2. Perform the functions of checking the spelling on Microsoft Word 1. Perform the functions on LibreOffice Writer 1. Perform the functions on Microsoft Word 1. Perform the functions on LibreOffice Writer 2. Perform the functions on Microsoft Word 1. Perform the functions on LibreOffice Writer 2. Perform the functions on LibreOffice Writer 2. Perform the functions on

Learning Outcome	Theory	Practical	Duration
Learning Outcome	(10 hrs)	(15 hrs)	(25 hrs)
1. Differentiate between	1. Introduction to	1. Role-play on	
different kinds of	Entrepreneurship	different kinds of	03
businesses	2. Types of business activities	businesses	
Describe the significance of	 Meaning of value Values of an Entrepreneur 	Role-play on qualities of an	03
entrepreneurial values	Case study on qualities of an entrepreneur	entrepreneur	03
3. Demonstrate the attitudinal changes required to become an entrepreneur	Difference between the attitude of entrepreneur and employee	Interviewing employees and entrepreneurs	03
4. Develop thinking skills like an entrepreneur	 Problems of entrepreneurs Problem-solving Ways to think like an entrepreneur 	Group activity on identifying and solving problems	04

Total			25
7. Create a business plan	 Importance of business planning Preparing a business plan Principles to follow for growing a business Case studies 	Activity on developing a business plan	04
6. Describe customer needs and the importance of conducting a customer survey	 Understanding customer needs Conducting a customer survey 	Conducting a customer survey	04
5. Generate business ideas	 The business cycle Principles of idea creation Generating a business idea Case studies 	Group activity to create business ideas	04

UNIT 5: GREEN SKILLS -	- III		
Learning Outcome	Theory (07 hrs)	Practical (08 hrs)	Duration (15 hrs)
Describe the importance of the main sector of the green economy	Meaning of ecosystem, food chain and sustainable development Main sectors of the green economy- E-waste management, green transportation, renewal energy, green construction, and water management	 Discussion on sectors of green economy Preparing posters on various sectors for promoting green economy Writing an essay or a short note on the important initiatives for promoting green economy. 	06
Describe the main recommendations of policies for the green economy	Policies for a green economy	Discussion on initiatives for promoting the green economy	03
3. Describe the major green sectors/ areas and the role of various stakeholders in the green economy	Stakeholders in the green economy	 Group discussion on the role of stakeholders in the green economy Preparation of posters on green sectors and their stakeholders Making solar bulbs. 	03
Identify the role of government and private agencies in	Role of the government in promoting a green	Discussion on the role of Government and Private Agencies in	

		2. Posters on green	
Total	green economy	sectors.	15

Part B-Vocational Skills - Class 11

S.No.	Units	Duration (Hrs)
1.	Unit 1: Introduction to Food Processing Sector	25
2.	Unit 2: Component required for Lab Analysis	45
3.	Unit 3: Techniques for testing process	35
4.	Unit 4: Perform Physical and chemical analysis	40
5.	Unit 5: Food safety and hygiene	20
	Total	165

Learning Outcome	Theory 10 Hrs	Practical 15 Hrs	Duration (25 Hrs)
1. Understand the structure, importance, and scope of the food processing sector	Overview of the food processing industry, major sectors, and its impact in India.	Field visits to local food processing units, report preparation, and presentation	6
2. Describe the types of food processing industries	Types of industries: dairy, meat, fruits and vegetables, cereals, bakery, and beverages	Group discussion on different food processing sectors and presentations	6
3. Explain Value addition through Food Processing sector	Understanding value addition from raw materials to final product distribution	Mapping and illustrating the Value-added product in Food Processing sector	5
4. Identify regulatory bodies and quality standards in food processing	Overview of FSSAI, ISO, and other food safety and quality standards as BIS, AGMARK	Case study analysis on compliance of quality standards	8

Learning Outcome Theory (10 hrs)		Practical (30 hrs)	Duration (40 Hrs)	
Organize lab setup and resources effectively	Basics of lab setup and resource management	Setup of laboratory with suitable equipment placement	10	
Manage inventory and maintain records	Inventory management techniques and stock maintenance	Hands-on inventory management and record-keeping for lab supplies	10	
3. Follow lab safety protocols	Introduction to handling of chemicals, and emergency procedures	Conduct a simulated emergency protocols	10	
4. Proper handling and maintenance of lab equipment	Maintenance and usage of pH meter, precision balance spectrophotometer etc.	Hands-on experience for using the equipments as, calibration, and maintenance	10	

	exercises	
	Total	40

Learn	ing Outcome	Theory (15 hrs)	Practical (20 hrs)	Duration (35 Hrs)
1.	Explain the methodologies for food testing	Introduction to qualitative and quantitative testing	Case studies on testing methodologies in food processing.	8
2.	Design a testing protocol	Steps for creating a protocol, including sampling and analysis steps	Creation of a testing protocol for different food samples	8
3.	Plan resources for testing	Identifying equipment, chemicals, and other resources for testing	Resource planning and mock setup for specific tests	9
4.	Practice documentation and record- keeping	Techniques for documenting and organizing test results	Appropriate data entry and record maintenance for test procedures	10
	L		Total	35

Learning	Outcome	Theory (10 hrs)	Practical (25 hrs)	Duration (35 hrs)
1.	Perform physical analysis	Understanding tests for colour, texture, viscosity, and appearance	Practical exercises on texture and colour analysis using standard methods	14
2.	Conduct basic chemical analyses	Calibration of glassware and equipments, Overview of titration, pH, testing and moisture analysis	Calibration of glassware and equipments, performing titration, pH, and moisture content analysis	7

3. Execute hands-on testing on different food products	Various testing procedures for food analysis	Application of chemical and physical analysis on different food items	7
4. Analyse and report data	Techniques for interpreting and reporting results	Data analysis and report writing on test findings	7
		Total	35

earning Outcome	Theory (10 hrs)	Practical (15 hrs)	Duration (25 Hrs)
 Maintain personal hygiene in lab setting. 	Importance of personal hygiene in food labs	Practicing hygiene routines and safety protocols in the lab.	5
Follow sanitization procedures.	Techniques for cleaning lab spaces and equipment	Hands-on sanitization and disinfection of equipment and surfaces	5
3. Handle and dispose of food sample safely	Guidelines for labelling, handling, and disposing of samples	Practical exercises on safe disposal of samples and waste	5
4. Explain food safety regulations	Overview of FSSAI, food safety regulations, and International standards	Case study on food safety compliance	10
		Total	25

CLASS 12 Part A: Employability Skills

S.No.	Units	Duration (hrs)
1.	Communication Skills- IV	25
2.	Self-management Skills – IV	25
3.	Information and Communication Technology Skills – IV	20
4.	Entrepreneurial Skills – IV	25
5.	Green Skills – IV	15
	Total	110

UNIT 1: COMMUNICATION SKILLS – IV				
Learning Outcome	Theory	Practical	Duration	
	(10 hrs)	(15 hrs)	(25 hrs)	

Demonstrate active listening skills	 Active listening - listening skill, stages of active listening Overcoming barriers to active listening 	 Demonstration of the factors affecting active listening Preparing posters of steps for active listening Role-play on negative effects of not listening actively 	10
2. Identify the parts of speech	1. Parts of speech – using capitals, punctuation, basic parts of speech, supporting parts of speech	 Group practice on identifying parts of speech Group practice on constructing sentences 	10
3. Write sentences	 Writing skills to the following: Simple sentence Complex sentence Types of object Types of sentences Active and Passive sentences Statement/Declarative sentence Question/Interrogative sentence Emotion/Reaction or Exclamatory sentence Order or Imperative sentence Paragraph writing 	 Group work on writing sentences and paragraphs Practice writing sentences in the active or passive voice Writing different types of sentences 	5
Total			25
UNIT 2: SELF-MANAG	EMENT SKILLS – IV		
Learning Outcome	Theory (10 hrs)	Practical (15 hrs)	Duration (25 hrs)
Describe the variou factors influencing motivation and positive attitude	` '	Role-play on avoiding stressful situations Activity on self-reflection	10

management - ways to manage

stress

Describe how to become result oriented	 How to become result oriented? Goal setting – examples of result-oriented goals 	Pair and share activities on the aim of life	5
3. Describe the importance of self-awareness and the basic personality traits, types and disorders	 Steps towards self-awareness Personality and basic personality traits Common personality disorders- Suspicious Emotional and impulsive Anxious Steps to overcome personality disorders 	Group discussion on self- awareness	10
Total			25

JNIT 3: INFORMATION AND COMMUNICATION TECHNOLOGY SKILLS – IV			
Learning Outcome	Theory	Practical	Duration
Leaning Outcome	(06 hrs)	(14 hrs)	(20 hrs)
Identify the components of a spreadsheet application	Introduction to spreadsheet application - types of a spreadsheet, creating a new worksheet, components of a worksheet.	Group practice on working with LibreOffice	02
2. Perform basic operations in a spreadsheet	 Opening workbook and entering data – types of data, steps to enter data, editing and deleting data in a cell Selecting multiple cells Saving the spreadsheet in various formats Closing the spreadsheet Opening the spreadsheet Printing the spreadsheet 	Group practice on working with data on LibreOffice Calc.	03

3. Demonstrate the knowledge of working with data and formatting text	 Using a spreadsheet for addition – adding value directly, adding by using cell address, using a mouse to select values in a formula, using sum function, copying and moving formula Need to format cell and content Changing text style and font size Align text in a cell Highlight text 	1. Demonstration of basic calculations in LibreOffice Calc. 2. Group practice on formatting a spreadsheet in LibreOffice Calc.	02
4. Demonstrate the knowledge of using advanced features in spreadsheet	 Sorting data Filtering data Protecting spreadsheet with password 	Group practice on sorting data in LibreOffice Calc	03
5. Make use of the software used for making slide presentations	 Available software presentation Stapes to start LibreOffice Impress Adding text to a presentation 	1. Group practice on working with LibreOffice Impress tools 2. Group practice on creating a presentation in LibreOffice Impress	02
6. Open, close and save slide presentations	Open, Close, Save and Print a slide presentation	1. Practice exercises on steps to save, close, open and save a presentation	01
7. Demonstrate the operations related to slides and texts in the presentation	Working with slides and text in a presentation- adding slides to a presentation, deleting slides, adding and formatting text, highlighting text, aligning text, changing text colour	Group practice on working with font styles and types in LibreOffice Impress	04
8. Demonstrate the use of advanced features in a presentation	 Advanced features used in a presentation Inserting shapes in the presentation Inserting clipart and images in a presentation Changing slide layout 	Group practice on working with slides in LibreOffice Impress	03
Total	<u> </u>	1	20

UNIT 4: ENTREPRENEURIAL SKILLS-IV

Learning Outcome	Theory	Practical	Duration
	(10 hrs)	(15 hrs)	(25 hrs)
1. Describe the	 Entrepreneurship and 	Group discussion on	
concept of	entrepreneur	the topic "An	
entrepreneurship	2. Characteristics of	entrepreneur is not	10
and the types and	entrepreneurship	born but created".	
roles and functions	3. Entrepreneurship-art and	2. Quiz on various	
entrepreneur	science	aspects of	
	4. Qualities of a successful entrepreneur	entrepreneurship.	
	5. Types of entrepreneurs		
	6. Roles and functions of		
	an entrepreneur		
	7. What motivates an		
	entrepreneur		
	8. Identifying opportunities		
	and risk-taking		
	9. Startups		
2. Identify the barriers	1. Barriers to	1. Fishbowl of fears-	
to entrepreneurship	entrepreneurship	group discussion	
	2. Environmental barriers	about what we fear	05
	3. No or faulty business	about	03
	plan	entrepreneurship	
	4. Personal barriers	2. Facing an Interview.	
3. Demonstrate the	 Entrepreneurial attitude 	Group discussion on	
knowledge of	2. Entrepreneurial	business ideas	
entrepreneurial	competencies	2. Group practice on	
attitude and	3. Decisiveness,	best out of waste	10
competencies	4. Initiative	3. Group discussion on	
	5. Interpersonal skills-	the topic of lets	
	positive attitude, stress	grow together	
	management	4. Group practice on	
	6. Perseverance	a snowball fight.	
	7. Organisational skills- time	5. Activity on rating	
	management, goal	friends and self for	
	setting, efficiency,	entrepreneurial	
	managing quality.	qualities.	
		6. Playing games, such as "Who am I".	
Total		30011 d3 WHO dilli .	25

UNIT 5: GREEN SKILLS-IV			
Learning Outcome	Theory	Practical	Duration
	(05 hrs)	(10 hrs)	(15 hrs)
1. Identify the benefits	1. Green jobs	1. Group discussion	
of the green jobs	2. Benefits of green jobs	on the	
	3. Green jobs in	importance of	
	different sectors:	green job.	
	 Agriculture 		

2. State the importance of green jobs	 Transportation Water conservation Solar and wind energy Eco-tourism Building and construction Solid waste management Appropriate technology Importance of green jobs in Limiting greenhouse gas emissions Minimizing waste and pollution Protecting and restoring ecosystems Adapting to the effects of climate change 	 Preparing posters on green jobs. Activities on tree plantation. 	7
Total	change		15

Part B-Vocational Skills- Class 12

S. No.	Units	Duration (Hrs)
1.	Unit 1: Food Safety and Personal Hygiene	45
2.	Unit 2: Food Standards	40
3.	Unit 3: Sensory, Microbiological and Statistical Analysis	25
4.	Unit 4: Post Test Analysis	20
5.	Unit 5: Results, Discussion and Preparation of Certificate of Analysis	35
	Total	165

JNIT 1: FOOD SAFETY AND PERSONAL HYGIENE			
Learning Outcome	Theory (8)	Practical (12)	Total (20 hrs)
Practice daily personal hygiene in labs	Importance and techniques for personal hygiene in labs	Practical demonstrations and exercises on hygiene protocols	5
Control contamination in lab settings	Methods to prevent contamination during lab activities	Hands-on exercises on contamination control	5
Follow lab safety and hygiene protocols consistently	Importance of adherence to protocols for lab safety	Practical adherence to lab protocols in routine activities	5

assurance in food processing	and practices of quality assurance in food labs	samples and reporting outcomes	5
		Total	25

Learning Outcome	Theory (15)	Practical (20)	Duration (35)
Compliance with food safety regulations	Detailed study of regulatory bodies-FSSAI, standards:FSSR, BIS, ISO and Compliances	Case study on food safety regulation implementation	18
2. Apply FSSAI and ISO requirements in testing.	In-depth study of specific requirements in FSSAI and ISO	Practical application of standards in testing and documentation	10
3. Implement food standards in sample testing	Techniques for standard application in sample analysis	Conducting analysis using standard procedures	7
'		Total	35

Learning Outcome	Theory	Practical	Duration
	(15)	(30)	(45 Hrs)
Conduct sensory evaluation.	Techniques for sensory evaluation based on Color, Odor, Taste and Texture	Conducting sensory tests and recording data for analysis	10
2. Conduct microbiological analysis on food samples.	Basics of microbial contamination, growth, and analysis methods	Evaluation of different food products for microbiological analysis.	15
3. Perform statistical analysis of food data	Introduction to statistical tools for food data analysis	Application of basic statistics on sensory and microbial data	10

interpret test interpretation and results. interpretation and documentation interpretation and data from sensory tests.			Total	45
I 4 RECORD AND I METNODS FOR ACTO I RECORDING FINAINGS I	·	•	data from sensory	10

Learning Outcome	Theory	Practical	Duration
	(15)	(25)	(40 Hrs)
1. Maintain	Techniques for data	Hands-on data	10
accurate data	logging and record-	logging and digital	
logging	keeping	record-keeping	
2. Dispose of tested	Methods for safe	Practical disposal of	
3. samples safely	disposal of samples	tested samples and	10
	and waste	lab clean-up	
	management		
4. Clean and	Procedures for	Cleaning and	
place	equipment	sanitization of lab	
equipment	cleaning and	and safely placing	10
properly	maintenance	lab equipment	
5. Maintain lab	Techniques for	Organizing lab	
records	organizing and	records and	
systematically	keeping lab	creating an	10
	documents	accessible data	
		Total	40

Learning Outcome	Theory (10)	Practical (15)	Duration (25 Hrs)
Compile and interpret test results	Techniques for compiling and interpreting test data	Compiling test data and interpretation of results	7
2. Discuss findings and insights	Guidelines for analysing and discussing findings	Peer discussion and presentation on test outcomes	7
3. Prepare a Certificate of Analysis (COA)	Format and content of a COA, including legal and quality standards	Drafting and reviewing a COA based on lab findings	7
4. Validate COA and ensure accuracy	Importance of accuracy and cross-checking data	Reviewing COA, validating findings, and ensuring accuracy	4
•		Total	25

6. ORGANISATION OF FIELD VISITS

In a year, at least 4 visits to a nearby food processing industry/ organizations/ educational tours should be organized for the students to expose them to the various routine activities undertaken at a soybean processing unit/industry.

- 1. Exposure to NABL-accredited, ISO-certified laboratories handling chemical, microbiological, and sensory analysis.
- 2. Visits to dairy, meat, bakery, beverages, and snacks etc industries to observe raw material testing and finished product analysis.
- 3. Interaction with government bodies responsible for food inspections, safety monitoring, and compliance.
- 4. Exposure to advanced food analysis techniques and research institution working in the area of food safety, adulteration and functional foods.
- 5. Understanding of instrument calibration, validation, and traceability in food testing
- 6. Study of packaging interactions, migration studies, and food contact material regulations.
- 7. Assessing water quality used in food processing for compliance with potable water standards.
- 8. Hands-on training in detecting adulterants, mislabeling, and economic fraud in food products
- 9. Observing compliance with global food safety standards like Codex, HACCP, and WTO regulations.
- 10. Understanding organoleptic testing and its role in food quality assessment.
- 11. Exposure to temperature-controlled storage and logistics for perishable foods.
- 12. Studying HACCP and Good Laboratory Practices (GLP) implementation in food analysis.
- 13. Observing third-party food certification (ISO 22000, BRC, HALAL, etc.).
- 14. Learning about food safety incident handling and recall management.
- 15. Familiarization with analytical instruments (HPLC, GC, MS, FTIR, etc.) used in food testing.

7. LIST OF EQUIPMENT AND MATERIALS

The list given below is suggestive and an exhaustive list should be prepared by the vocational teacher. Only basic tools, equipment and accessories should be procured by the schools so that the routine tasks can be performed by the students regularly for practice and acquiring adequate practical experience

- 1. pH Meter
- 2. Refractometer
- 3. Viscometer
- 4. Autoclave
- 5. Laminar Air Flow (LAF) Cabinet
- 6. Incubators (BOD and Microbiological)
- 7. Weighing Balance (Analytical and Precision)
- 8. Centrifuge
- 9. Microscope
- 10. Water Bath
- 11. Hot Air Oven
- 12. Glassware (Beakers, Pipettes, Flasks, Burettes)
- 13. Filtration System (Membrane Filters, Filter Papers)

8. VOCATIONAL TEACHER'S / TRAINER'S QUALIFICATION AND GUIDELINES

Qualification and other requirements for appointment of vocational teachers / trainers on contractual basis should be decided by the State/UT. The suggestive qualifications and minimum competencies for the vocational teacher should be as follows:

S. No.	Qualification	Minimum Competencies	Age Limit
1.	Post-graduation in food processing/ food technology/ food science/ nutrition/ Food safety and Quality Analysis or equivalent from a recognized Institute /University, with at least 1 year work experience/or training in any reputed/ NABL authorized food analytical laboratory	 Effective communication skills (oral and written) Basic computing Skills 	22- 37 years (as on Jan. 01 (year)) Age relaxation to be provided as per Govt. rules

9. LIST OF CONTRIBUTORS

Course Coordinators

- 1. Dr. R. Ravichandran, Head, Department of Humanities, Sciences, Education & Research (DHSER), PSS Central Institute of Vocational Education, Bhopal
- 2. Dr. Rakesh Kumar Raman, Assistant Professor, Food Technology & Processing, Department of Humanities, Sciences, Education & Research (DHSER), PSS Central Institute of Vocational Education, Bhopal

Internal Resource Person

- 1. Shalu Giri, Food Technology & Processing Lab, PSSCIVE, Bhopal
- 2. Sneha Soni, Food Technology & Processing Lab, PSSCIVE, Bhopal

10. REVIEWED AND APPROVED BY:

- 1. Dr. Dinesh Kumar, Head, Food Science & Post Harvest Technology, ICAR-IARI, Delhi
- 2. Dr. Neelam Upadhyay, Senior Scientist, Food Science & Post Harvest Technology, ICAR-IARI, Delhi



PSS CENTRAL INSTITUTE OF VOCATIONAL EDUCATION

(a constituent unit of NCERT, under MoE, Government of India) Shyamla Hills, Bhopal- 462 002, M.P., India