# LEARNING OUTCOME BASED VOCATIONAL CURRICULUM

**JOB ROLE: Self Employed Tailor** 

(QUALIFICATION PACK: Ref.Id.AMH/Q1947)

SECTOR: Apparel, Made-Ups and Home Furnishing

Classes11 and 12



# PSS CENTRAL INSTITUTE OF VOCATIONAL EDUCATION

(a constituent unit of NCERT, under MHRD, Government of India)

Shyamla Hills, Bhopal- 462 002, M.P., India

http://www.psscive.ac.in



# Gandhiji's Talisman

I will give you a talisman. Whenever you are in doubt or when the self becomes too much with you, apply the following test:

Recall the face of the poorest and the weakest man whom you may have seen and ask yourself if the step you contemplate is going to be of any use to him. Will he gain anything by it? Will it restore him to a control over his own life and destiny? In other words, will it lead to Swaraj for the hungry and spiritually starving millions?

Then you will find your doubts and your self melting away.

magandri







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Apparel, Made-Ups and Home Furnishing -Self Employed Tailor

June, 2017

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### **FOREWORD**

The Pandit Sunderlal Sharma Central Institute of Vocational Education (PSSCIVE) a constituent of the National Council of Educational Research and Training (NCERT) is spearheading the efforts of developing learning outcome based vocational curriculum and courseware aimed at integrating both vocational and general qualifications to open pathways of career progression for students. It is a part of Centrally Sponsored Scheme of Vocationalisation of Secondary and Higher Secondary Education (CSSVSHSE) launched by the Ministry of Human Resource Development, Government of India in 2012. The PSS Central Institute of Vocational Education (PSSCIVE) is developing curricula under the project approved by the Project Approval Board (PAB) of Rashtriya Madhyamik Shiksha Abhiyan (RMSA). The main purpose of the learning outcome based vocational curriculum is to bring about the improvement in teaching-learning process and working competencies through learning outcomes embedded in the vocational subject.

It is a matter of great pleasure to introduce this learning outcome based vocational curriculumas part of the vocational training packages for the job role of **Self Employed Tailor**. The curriculum has been developed for the higher secondary students of vocational education and is aligned to the National Occupation Standards (NOSs) of a job role identified and approved under the National Skill Qualification Framework (NSQF).

The curriculum aims to provide children with employability and vocational skills to support occupational mobility and lifelong learning. It will help them to acquire specificoccupational skills that meet employers' immediate needs. The teaching process is to be performed through the interactive sessions in classrooms, practical activities in laboratories and workshops, projects, field visits, and professional experiences.

The curriculum has been developed and reviewed by a group of experts and their contributions are greatly acknowledged. The utility of the curriculum will be adjudged by the qualitative improvement that it brings about in teaching-learning. The feedback and suggestions on the content by the teachers and other stakeholders will be of immense value to us in bringing about further improvement in this document.

HRUSHIKESH SENAPATY

Director

National Council of Education Research and Training

### **PREFACE**

India today stands poised at a very exciting juncture in its saga. The potential for achieving inclusive growth are immense and the possibilities are equally exciting. The world is looking at us to deliver sustainable growth and progress. To meet the growing expectations, India will largely depend upon its young workforce. The much-discussed demographic dividend will bring sustaining benefits only if this young workforce is skilled and its potential is channelized in the right direction.

In order to fulfil the growing aspirations of our youth and the demand of skilled human resource, the Ministry of Human Resource Development (MHRD), Government of India introduced the revised Centrally Sponsored Scheme of Vocationalisation of Secondary and Higher Secondary Education that aims to provide for the diversification of educational opportunities so as to enhance individual employability, reduce the mismatch between demand and supply of skilled manpower and provide an alternative for those pursuing higher education. For spearheading the scheme, the PSS Central Institute of Vocational Education (PSSCIVE) was entrusted the responsibility to develop learning outcome based vocational curriculum, student workbooks, teacher handbooks and e-learning materials for the job roles in various sectors, with growth potential for employment.

The PSSCIVE firmly believes that the vocationalisation of education in the nation needs to be established on a strong footing of philosophical, cultural and sociological traditions and it should aptly address the needs and aspirations of the students besides meeting the skill demands of the industry. The curriculum, therefore, aims at developing the desired professional, managerial and communication skills to fulfil the needs of the society and the world of work. In order to honour its commitment to the nation, the PSSSCIVE has initiated the work on developing learning outcome based vocational curriculum with the involvement of faculty members and leading experts in respective fields. It is being done through the concerted efforts of leading academicians, professionals, policy makers, partner institutions, Vocational Education and Training experts, industry representatives, and teachers. The expert group through a series of consultations, working group meetings and use of reference materials develops a National Curriculum. Currently, the Institute is working on developing curricula and courseware for over 100 job roles in various sectors.

We extend our gratitude to all the contributors for selflessly sharing their precious knowledge, acclaimed expertise, valuable time and positively responding to our request for development of curriculum. We are grateful to MHRD and NCERT for the financial support and cooperation in realising the objective of providing learning outcome based vocational curriculum and courseware to the States and other stakeholders under the PAB (Project Approval Board) approved project of Rashtriya Madhyamik ShiskhaAbhiyan (RMSA) of MHRD.

Finally, for transforming the proposed curriculum design into a vibrant reality of implementation, all the institutions involved in the delivery system shall have to come together with a firm commitment and they should secure optimal community support. The success of this curriculum depends upon its effective implementation and it is expected that the managers of vocational education and training system, including subject teachers will make efforts to create better

facilities, develop linkages with the world of work and foster a conducive environment as per the content of the curriculum document.

The PSSCIVE, Bhopal remains committed in bringing about reforms in the vocational education and training system through the learner-centric curricula and courseware. We hope that this document will prove useful in turning out more competent Indian workforce for the 21st Century.

RAJESH P. KHAMBAYAT

Joint Director

PSS Central Institute of Vocational Education

### **ACKNOWLEDGEMENTS**

On behalf of the team at the PSS Central Institute of Vocational Education (PSSCIVE) we are grateful to the members of the Project Approval Board (PAB) of Rashtriya Madhyamik Shiksha Abhiyan (RMSA) and the officials of the Ministry of Human Resource Development (MHRD), Government of India for the financial support to the project for development of curricula.

We are grateful to the Director, NCERT for his support and guidance. We also acknowledge the contributions of our colleagues at the Technical Support Group of RMSA, MHRD, RMSA Cell at the National Council of Educational Research and Training (NCERT), National Skill Development Agency (NSDA) and National Skill Development Corporation (NSDC) and Apparel, Made-ups and Home Furnishing Sector Skill Council (AMHSSC) for their academic support and cooperation.

We are grateful to the expert contributors for their earnest effort and contributions in the development of this learning outcome based vocational curriculum. Their names are acknowledged in the list of contributors.

We are also grateful to Dr. Pinki Khanna, Course Coordinator and Dr. Anil Kumar, Professor, Department of Vocational Education and Entrepreneurship Development, National Institute of Technical Teachers Training and Research (NITTTR), Bhopal for their contributions.

The contributions made by Dr. Vinay Swarup Mehrotra, Professor and Head, Curriculum Development and Evaluation Centre (CDEC), Dr. Vipin Kumar Jain, Associate Professor and Head, Programme Planning and Monitoring Cell (PPMC) and Dr. Dipak D. Shudhalwar, Associate Professor (CSE) and Head Computer Center, PSSCIVE in development of the curriculum for the employability skills are duly acknowledged.

The assistance provided by Shri Vinod K. Soni, Computer Operator Grade-II and Smt. Sangeeta Sortey, Computer Operator Grade-III in layout, design and composing of the material is duly acknowledged.

**PSSCIVE Team** 

# **CONTENTS**

S.			Title	Page No.
No.				
	Foreword			(i)
	Preface			(ii)
	Acknowledge	ments		(iii)
1.	Course Overvi	ew		11
2.	Scheme of Uni	its		12
3.	Teaching/Trair	nina Activit	ies	14
4.	Assessment an			14
5.	Unit Content		CLASS 11	
Э.	oriii Cornerii	David A		
		Part A	Employability Skills	
			Unit 1: Communication Skills - III	17
			Unit 2: Self-management Skills – III	19
			Unit 3: Information and Communication Technology Skills – III	20
			Unit 4: Entrepreneurial Skills – III	22
			Unit 5: Green Skills – III	23
		Part B	Vocational Skills	
			Unit 1: Introduction to Clothing, Tailoring and Sewing Machine	24
			Unit 2: Sewing tools and Sewing Machine Operations	24
			Unit 3: Basics of Garment Construction	25
			Unit 4: Measurement Techniques	26
			Unit 5: Construction of Children and Women's Garments	27
			Unit 6: Care and Maintenance of sewing Machine	28
			CLASS 12	
		Part A	Employability Skills	
			Unit 1: Communication Skills – IV	29
			Unit 2: Self-management Skills – IV	30
			Unit 3: Information and Communication Technology Skills – IV	31
			Unit 4: Entrepreneurial Skills – IV	32
			Unit 5: Green Skills – IV	33

		Part B	Vocational Skills	
			Unit 1: Drafting, cutting and sewing process of garments	34
			Unit 2: Dart Manipulation	35
			Unit 3: Fitting Defects, Remedies and Finishing	35
			Unit 4: Basics of Home Textiles	36
			Unit 5: Hazards in industry and safety measures	37
6.	Organisation of	Field Visits		38
7.	List of Equipme	nt and Mate	erials	38
8.	Vocational Tea	icher's/ Trair	ner's Qualification and Guidelines	39
9.	List of Contribut	tors		42

### 1. COURSE OVERVIEW

### COURSE TITLE: Apparel, Made-Ups and Home Furnishing - Self Employed Tailor

A Self employed tailor is an experienced dressmaker who has a good knowledge of sewing and dressmaking, and who wants to create clothes to FIT one's own personal shape. Pattern making is an art. It is the art of manipulating and shaping a flat piece of paper/fabric to conform to one or more curves of the human figure. Pattern making is a bridge function between design and production. In sewing and fashion design, a pattern is the template from which the parts of a garment are traced onto fabric before being cut out and assembled. Sewing is the craft of fastening or attaching these pattern pieces using stitches made with a needle and thread. Sewing is one of the oldest of the textile arts.

### **COURSE OUTCOMES:** On completion of the course, student should be able to:

- Apply effective oral and written communication skills to interact with people and customers.
- Identify the principal components of a computer system.
- Demonstrate the basic skills of using computer.
- Demonstrate self-management skills.
- Demonstrate the ability to provide a self-analysis in context of entrepreneurial skills and abilities.
- Demonstrate the knowledge of the importance of green skills in meeting the challenges of sustainable development and environment protection.
- Identify the terms related to pattern making, and garment construction.
- Identify the tools, equipment and machines required for pattern making, drafting cutting and sewing.
- Explain hand and machine sewing techniques.
- Explain the disposal of fullness in garments using dart, pleats, tucks and gathers etc.
- Describe garment components like sleeves, collar, neckline, yokes, plackets, pockets, etc
- Perform/Practice measurement taking techniques and explain the pattern making principles.
- Demonstrate the drafting, cutting and sewing of Ladies wear.
- Demonstrate the drafting, cutting and sewing of Kid's wear.
- Demonstrate the drafting, cutting and sewing of Men's wear.
- Explain and prepare home furnishing textiles.
- Explain dart manipulation techniques.
- Identify the Indian Apparel industry.
- Explain fitting defects and apply remedies for it.
- Describe the Finishing process of garments.
- Follow cleaning and maintenance of tools, equipment and machines.
- Identify the potential Hazards and safe working practices in a tailoring unit.

**COURSE REQUIREMENTS:** The learner should have the basic knowledge of Textile and Clothing.

**COURSE LEVEL:** This is a course for class XI and XII. On completion of this course, a student can take up a higher level course in the area of Apparel, Made-ups and Home Furnishing.

COURSE DURATION: 600 Hrs

Class 11: 300 Hrs Class 12: 300 Hrs

Total: 600 Hrs

## 2. SCHEME OF UNITS

This course is a planned sequence of instructions consisting of Units meant for developing employability and vocational competencies of students of Class 11 and 12 opting for vocational subject along with general education subjects. The unit-wise distribution of hours and marks for Class 11 is as follows:

		Units	No. of Hours for Theory and Practical 300	Max. Marks for Theory and Practical 100
Part A	Employ	ability Skills		
	Unit 1:	Communication Skills - III	25	
	Unit 2:	Self-management Skills – III	25	
	Unit 3:	Information and Communication Technology Skills – III	20	10
	Unit 4:	Entrepreneurial Skills – III	25	
	Unit 5:	Green Skills – III	15	
	Total		110	10
Part B	Vocatio	onal Skills		
	Unit 1:	Introduction to Clothing, Tailoring and Sewing Machine	15	
	Unit 2:	Sewing tools and Sewing Machine Operations	35	
	Unit 3:	Basics of Garment Construction	30	40
	Unit 4:	Measurement Techniques	20	40
	Unit 5:	Construction of Children and Women's Garments	45	
	Unit 6:	Care and Maintenance of sewing Machine	20	
	Total		165	40
Part C	Practic	al Work		

	Practical Examination	06	15
	Written Test	01	10
	Viva Voce	03	10
	Total	10	35
Part D	Project Work/Field Visit		
	Practical File/Student Portfolio	10	10
	Viva Voce	05	05
	Total	15	15
	Grand Total	300	100

The unit-wise distribution of hours and marks for Class 12 is as follows:

	CLASS 12	2	
	Units	No. of Hours for Theory and Practical 300	Max. Marks for Theory and Practical 100
Part A	Employability Skills		
	Unit 1: Communication Skills – IV	25	
	Unit 2: Self-management Skills – IV	25	
	Unit 3: Information and Communication Technology Skills – IV	20	10
	Unit 4: Entrepreneurial Skills – IV	25	
	Unit 5: Green Skills – IV	15	
	Total	110	10
Part B	Vocational Skills		
	Unit 1: Drafting, cutting and sewing process of garments	60	
	Unit 2: Dart Manipulation	30	
	Unit 3: Fitting Defects, Remedies and Finishing	40	40
	Unit 4: Basics of Home Textiles	20	
	Unit 5: Hazards in industry and safety measures	15	
	Total	165	40
Part C	Practical Work		
	Practical Examination	06	15
	Written Test	01	10
	Viva Voce	03	10
	Total	10	35
Part D	Project Work/Field Visit		
	Practical File/Student Portfolio	10	10
	Viva Voce	05	05
	Total	15	15
	Grand Total	300	100

## 3. TEACHING/TRAINING ACTIVITIES

The teaching and training activities have to be conducted in classroom, laboratory/ workshops and field visits. Students should be taken to field visits for interaction with experts and to expose them to the various tools, equipment, materials, procedures and operations in the workplace. Special emphasis should be laid on the occupational safety, health and hygiene during the training and field visits.

### **CLASSROOM ACTIVITIES**

Classroom activities are an integral part of this course and interactive lecture sessions, followed by discussions should be conducted by trained vocational teachers. Vocational teachers should make effective use of a variety of instructional or teaching aids, such as audio-video materials, colour slides, charts, diagrams, models, exhibits, hand-outs, online teaching materials, etc. to transmit knowledge and impart training to the students.

### PRACTICAL WORK IN LABORATORY/WORKSHOP

Practical work may include but not limited to hands-on-training, simulated training, role play, case based studies, exercises, etc. Equipment and supplies should be provided to enhance hands-on learning experience of students. Only trained personnel should teach specialized techniques. A training plan that reflects tools, equipment, materials, skills and activities to be performed by the students should be submitted by the vocational teacher to the Head of the Institution.

### FIELD VISITS/ EDUCATIONAL TOUR

In field visits, children will go outside the classroom to obtain specific information from experts or to make observations of the activities. A checklist of observations to be made by the students during the field visits should be developed by the Vocational Teachers for systematic collection of information by the students on the various aspects. Principals and Teachers should identify the different opportunities for field visits within a short distance from the school and make necessary arrangements for the visits. At least three field visits should be conducted in a year.

# 4. ASSESSMENT AND CERTIFICATION

**U**pon successful completion of the course by the candidate, the Central/ State Examination Board for Secondary Education and the respective Sector Skill Council will certify the competencies.

The National Skills Qualifications Framework (NSQF) is based on outcomes referenced to the National Occupation Standards (NOSs), rather than inputs. The NSQF level descriptors, which are the learning outcomes for each level, include the process, professional knowledge, professional skills, core skills and responsibility. The assessment is to be undertaken to verify that individuals have the knowledge and skills needed to perform a particular job and that the

learning programme undertaken has delivered education at a given standard. It should be closely linked to certification so that the individual and the employer could come to know the competencies acquired through the vocational subject or course. The assessment should be reliable, valid, flexible, convenient, cost effective and above all it should be fair and transparent. Standardized assessment tools should be used for assessment of knowledge of students. Necessary arrangements should be made for using technology in assessment of students.

### KNOWLEDGE ASSESSMENT (THEORY)

**Knowledge Assessment** should include two components: one comprising of internal assessment and second an external examination, including theory examination to be conducted by the Board. The assessment tools shall contain components for testing the knowledge and application of knowledge. The knowledge test can be objective paper based test or short structured questions based on the content of the curriculum.

### **WRITTEN TEST**

It allows candidates to demonstrate that they have the knowledge and understanding of a given topic. Theory question paper for the vocational subject should be prepared by the subject experts comprising group of experts of academicians, experts from existing vocational subject experts/teachers, and subject experts from university/colleges or industry. The respective Sector Skill Council should be consulted by the Central/State Board for preparing the panel of experts for question paper setting and conducting the examinations.

The blue print for the question paper may be as follows:

Duration: 3 Hrs Max. Mark: 40

		No			
S. No.	Typology of Question	Very Short Answer (1 mark)	Short Answer (2 Marks)	Long Answer (3 Marks)	Marks
1.	Remembering – (Knowledge based simple recall questions, to know specific facts, terms, concepts, principles, or theories; identify, define or recite, information)	3	2	2	13
2.	Understanding – (Comprehension – to be familiar with meaning and to understand conceptually, interpret, compare, contrast, explain, paraphrase, or interpret information)	2	3	2	14
3.	Application – (Use abstract information in concrete situation, to apply knowledge to new situations: Use given content to interpret a	0	2	1	07

	Total	5x1=5	10x2=20	5x3=15	40 (20questions)
5.	Evaluation – (Appraise, judge, and/or justify the value or worth of a decision or outcome, or to predict outcomes based on values)	0	1	0	02
4.	example, or solve a problem)  High Order Thinking Skills – (Analysis & Synthesis – Classify, compare, contrast, or differentiate between different pieces of information; Organize and/ or integrate unique pieces of information from a variety of sources)	0	2	0	04
	situation, private an				

### SKILL ASSESSMENT (PRACTICAL)

Assessment of skills by the students should be done by the assessors/examiners on the basis of practical demonstration of skills by the candidate, using a competency checklist. The competency checklist should be developed as per the National Occupation Standards (NOSs) given in the Qualification Pack for the Job Role to bring about necessary consistency in the quality of assessment across different sectors and Institutions. The student has to demonstrate competency against the performance criteria defined in the National Occupation Standards and the assessment will indicate that they are 'competent', or are 'not yet competent'. The assessors assessing the skills of the students should possess a current experience in the industry and should have undergone an effective training in assessment principles and practices. The Sector Skill Councils should ensure that the assessors are provided with the training on the assessment of competencies.

Practical examination allows candidates to demonstrate that they have the knowledge and understanding of performing a task. This will include hands-on practical exam and viva voce. For practical, there should be a team of two evaluators – the subject teacher and the expert from the relevant industry certified by the Board or concerned Sector Skill Council. The same team of examiners will conduct the viva voce.

**Project Work** (individual or group project) is a great way to assess the practical skills on a certain time period or timeline. Project work should be given on the basis of the capability of the individual to perform the tasks or activities involved in the project. Projects should be discussed in the class and the teacher should periodically monitor the progress of the project and provide feedback for improvement and innovation. Field visits should be organised as part of the project work. Field visits can be followed by a small-group work/project work. When the class returns from the field visit, each group might be asked to use the information that they have gathered to prepare presentations or reports of their observations. Project work should be assessed on the basis of practical file or student portfolio.

**Student Portfolio** is a compilation of documents that supports the candidate's claim of competence. Documents may include reports, articles, photos of products prepared by students in relation to the unit of competency.

**Viva voce** allows candidates to demonstrate communication skills and content knowledge. Audio or video recording can be done at the time of viva voce. The number of external examiners would be decided as per the existing norms of the Board and these norms should be suitably adopted/adapted as per the specific requirements of the vocational subject. Viva voce should also be conducted to obtain feedback on the student's experiences and learning during the project work/field visits.

### 5. UNIT CONTENTS

### CLASS 11

# Part A: Employability Skills

S. No.	Units	Duration (Hrs)
1.	Communication Skills- III	25
2.	Self-management Skills – III	25
3.	Information and Communication Technology Skills - III	20
4.	Entrepreneurial Skills – III	25
5.	Green Skills – III	15
Total		110

Learning Outcome	Theory (10hrs)	Practical (15hrs)	Duration (25 hrs)
Demonstrate     knowledge of     communication	Introduction to communication     Importance of communication     Elements of communication     Perspectives in communication     Effective communication	<ol> <li>Role-play on the communication process</li> <li>Group exercise on factors affecting perspectives in communication</li> <li>Classroom discussion on the 7Cs of effective communication</li> <li>Chart making on elements of communication</li> </ol>	03
2. Demonstrate	1. Verbal	1. Role-play of a	
verbal	communication	phone	

С	communication	2. Public Speaking	conversation.	02
			2. Group exercise on	
3. [	) om opstrate	1 Importance of	public speaking	
n	Demonstrate non-verbal communication	<ol> <li>Importance of non-verbal communication</li> <li>Types of non-verbal communication</li> <li>Visual communication</li> </ol>	<ol> <li>Role-play on nonverbal communication</li> <li>Group exercise on body language</li> <li>Group activity on methods of communication</li> </ol>	02
С	peak using correct pronunciation	<ol> <li>Pronunciation basics</li> <li>Speaking properly</li> <li>Phonetics</li> <li>Types of sounds</li> </ol>	Group activities on practicing pronunciation	01
C	Apply an assertive communication tyle	<ol> <li>Important communication styles</li> <li>Assertive communication</li> <li>Advantages of assertive communication</li> <li>Practicing assertive communication</li> </ol>	Group discussion     on communication     styles     Observing and     sharing     communication     styles	03
tl	Demonstrate he knowledge of saying no	<ol> <li>Steps for saying 'No'</li> <li>Connecting words</li> </ol>	Group discussion     on how to respond     Group activity on     saying 'No'	02
p	dentify and use parts of speech n writing	<ol> <li>Capitalisation</li> <li>Punctuation</li> <li>Basic parts of speech</li> <li>Supporting parts of speech</li> </ol>	<ol> <li>Group activity on identifying parts of speech</li> <li>Writing a paragraph with punctuation marks</li> <li>Group activity on constructing sentences</li> <li>Group activity on identifying parts of speech</li> </ol>	03
S	Write correct entences and paragraphs	<ol> <li>Parts of a sentence</li> <li>Types of object</li> <li>Types of</li> </ol>	Activity on writing sentences     Activity on active and passive voice	02

	sentences	3. Assignment on	
	4. Paragraph	types of sentences	
9. Communicate	1. Greetings	1. Role-play on	
		formal and	
with people	2. Introducing self		
	and others	informal greetings	0.0
		2. Role-play on	02
		introducing	
		someone	
		3. Practice greetings	
10. Introduce	<ol> <li>Talking about self</li> </ol>	1. Practice self-	
yourself to	2. Filling a form	introduction and	
others and write		filling up forms	01
about oneself		2. Practice self-	
		introduction to	
		others	
11. Develop	1. Main types of	Practice exercise	
questioning skill	questions	on forming	
	2. Forming closed	questions	01
	and open-	2. Group activity on	
	ended questions	framing questions	
12. Communicate	1. Names of	Practice talking	
information	relatives	about family	01
about family to	2. Relations	2. Role-play on	
others		relations	
13. Describe habits	1. Concept of	1. Discuss habits and	
and routines	habits and	routines	
	routines	2. Group activity on	01
		describing routines	
14. Ask or give	1. Asking for	1. Role-play on	
directions to	directions	asking and giving	01
others	2. Using landmarks	directions	
	_	2. Identifying symbols	
Total	ı	, ·	25

Learning	Theory	Practical	Duration
Outcome	(10hrs)	(15hrs)	(25hrs)
1. Identify and	1. Understanding self	Activity on writing	
analyze own	2. Techniques for	aims in life	
strengths and	identifying strengths	2. Preparing a	00
weaknesses	and weaknesses	worksheet on	03
	3. Difference between	interests and abilities	
	interests and abilities		
2. Demonstrate	1. Guidelines for dressing	1. Role-play on dressing	
personal	and grooming	and grooming	
grooming skills	2. Preparing a personal	standards	04
	grooming checklist	2. Self-reflection activity	
		on various aspects of	

		personal grooming	
3. Maintain personal hygiene	<ol> <li>Importance of personal hygiene</li> <li>Three steps to personal hygiene</li> <li>Essential steps of hand washing</li> </ol>	<ol> <li>Role-play on personal hygiene</li> <li>Assignment on personal hygiene</li> </ol>	03
4. Demonstrate the knowledge of working in a team and participating in group activities	<ol> <li>Describe the benefits of teamwork</li> <li>Working in a team</li> </ol>	<ol> <li>Assignment on working in a team</li> <li>Self-reflection on teamwork</li> </ol>	03
5. Develop networking skills	<ol> <li>Benefits of networking skills</li> <li>Steps to build networking skills</li> </ol>	<ol> <li>Group exercise on networking in action</li> <li>Assignment on networking skills</li> </ol>	03
6. Describe the meaning and importance of self-motivation	<ol> <li>Meaning of selfmotivation</li> <li>Types of motivation</li> <li>Steps to building selfmotivation</li> </ol>	<ol> <li>Activity on staying motivated</li> <li>Assignment on reasons hindering motivation</li> </ol>	03
7. Set goals	Meaning of goals and purpose of goals setting     Setting SMART goals	<ol> <li>Assignment on setting SMART goals</li> <li>Activity on developing long- term and short-term goals using SMART method</li> </ol>	03
8. Apply time management strategies and techniques	Meaning and importance of time management     Steps for effective time management	Checklist for making preparation for daily activities     Preparing To-do-list	03
Total	•	•	25

UNIT 3: INFORMATION AND COMMUNICATION TECHNOLOGY-III				
Learning	Theory	Practical	Duration	
Outcome	(08 hrs)	(12hrs)	(20hrs)	

1.	Create a document on the word processor	<ol> <li>Introduction to ICT</li> <li>Advantages of using a word processor.</li> <li>Work with Libre Office Writer</li> </ol>	<ol> <li>Group activity on demonstration and practice of the following:         <ul> <li>Creating a new document</li> <li>Typing text</li> <li>Saving the text</li> <li>Opening and saving file on Microsoft word/Libre Office Writer.</li> </ul> </li> </ol>	02
2.	Identify icons on the toolbar	<ol> <li>Status bar</li> <li>Menu bar</li> <li>Icons on the Menu bar</li> <li>Multiple ways to perform a function</li> </ol>	<ol> <li>Group activity on using basic user interface of LibreOffice writer</li> <li>Group activity on working with Microsoft Word</li> </ol>	02
3.	Save, close, open and print document	<ol> <li>Save a word document</li> <li>Close</li> <li>Open an existing document</li> <li>Print</li> </ol>	<ol> <li>Group activity on performing the functions for saving, closing and printing documents in LibreOffice Writer</li> <li>Group activity on performing the functions for saving, closing and printing documents in Microsoft Word</li> </ol>	02
4.	Format text in a word document	<ol> <li>Change style and size of text</li> <li>Align text</li> <li>Cut, Copy, Paste</li> <li>Find and replace</li> </ol>	<ol> <li>Group activity on formatting text in LibreOffice Writer</li> <li>Group activity on formatting text in Microsoft Word</li> </ol>	02
5.	Check spelling and grammar in a word document	Use of spell checker     Autocorrect	<ol> <li>Group activity on checking spellings and grammer using LibreOffice Writer</li> <li>Group activity on checking spellings and grammer using Microsoft Word</li> </ol>	02
6.	Insert lists, tables, pictures, and shapes in a word document	<ol> <li>Insert bullet list</li> <li>Number list</li> <li>Tables</li> <li>Pictures</li> <li>Shapes</li> </ol>	Practical exercise of inserting lists and tables using LibreOffice Writer	03
7.	Insert header, footer and page number in a word document	<ol> <li>Insert header</li> <li>Insert footer</li> <li>Insert page number</li> <li>Page count</li> </ol>	<ol> <li>Practical exercise of inserting header, footer and page numbers in LibreOffice Writer</li> <li>Practical exercise of inserting header, footer and page numbers in Microsoft Word</li> </ol>	03

Tot	al	•			20
	document			Word	
	word			track changes in Microsoft	
	option in a	documents	2.	Group activity on performing	04
	track change	3. Compare		Writer	
	by usingthe	2. Manage option		track changes in LibreOffice	
8.	Make changes	1. Tracking option	1.	Group activity on performing	

Learning Outcome  1. Differenticate between different kinds of businesses 2. Describe the significance of entrepreneurid values  3. Demonstrate the attitude and entrepreneur and employee  3. Develop thinking skills like an entrepreneur  4. Develop thinking skills like an entrepreneur  5. Generate business ideas  6. Describe customer needs and the importance of conducting a customer survey  7. Create a business plan  1. Introduction to entrepreneurs in entrepreneurs activities  1. Introduction to entrepreneurs plan in side and entrepreneur.  1. Interviewing employees and entrepreneurs  1. Interviewing employees and entrepreneurs  1. Interviewing employees and entrepreneurs  2. Problems of entrepreneurs  3. Ways to think like an entrepreneur  4. Develop thinking skills like an entrepreneur  5. Generate  2. Principles of idea creation  3. Generating a business idea  4. Case studies  6. Describe  customer needs  and the importance of conducting a customer survey  7. Create a business  plan  3. Introduction to entrepreneurs indicated business plan  3. Role-play on different kinds of business plan  1. Role-play on qualities of an entrepreneur  1. Role-play on qualities of an entrepreneur  1. Role-play on qualities of an entrepreneur  1. Role-play on qualities of an entrepreneur and entrepreneur  1. Interviewing employees and entrepreneurs  1. Interviewing employees and entrepreneurs  1. Interviewing employees  2. Problems of the entrepreneur  3. Generating in e	UNIT 4: ENTREPRENE	UNIT 4: ENTREPRENEURIAL SKILLS – III			
between different kinds of businesses activities  2. Describe the significance of entrepreneurial values  3. Case study on qualities of an entrepreneur  3. Demonstrate the attitude of entrepreneur  4. Develop thinking skills like an entrepreneur  5. Generate business ideas  5. Generate customer needs and the importance of entrepreneds and the importance of conducting a customer survey  6. Describe customer and the plan  7. Importance of business and the importance of conducting a customer survey  7. Create a business plan  8. Meaning of value and interpreneur and entrepreneur a		-			
significance of entrepreneurial values  2. Values of an Entrepreneur 3. Case study on qualities of an entrepreneur 3. Demonstrate the attitude of entrepreneur and employee  3. Demonstrate the attitude of entrepreneur and employee  4. Develop thinking skills like an entrepreneur  4. Develop thinking and solving and solving problems  5. Generate business ideas  5. Generate business ideas  6. Describe customer needs and the importance of conducting a customer survey  7. Create a business plan  3. Values of an entrepreneur  4. Difference between the attitude of entrepreneur and employee  4. Interviewing employees and entrepreneurs  6. Interviewing employees and entrepreneurs  6. Group activity on identifying and solving problems  6. Describe customer needs and the importance of conducting a customer survey  7. Create a business plan  8. Values of an entrepreneur  9. Interviewing employees and entrepreneurs  9. Interviewing employees  9. Interviewing employees  9. Interviewing employees  9. Interviewing in entrepreneurs  1. Group activity to conduct a customer survey  9. Otherstory on identifying and solving problems  9. Interviewing	between different kinds of	entrepreneurship 2. Types of business	kinds of businesses	03	
attitudinal changes required to become an entrepreneur  4. Develop thinking skills like an entrepreneur  2. Problem-solving 3. Ways to think like an entrepreneur  5. Generate business ideas  6. Describe customer needs and the importance of conducting a customer survey  7. Create a business plan  2. Proparing a business plan  3. Principles to follow for growing a business plan  3. Principles to follow for growing a business plan  3. Principles to follow for growing a business plan  4. Case studies  4. Case studies  4. Case studies  4. Case studies  5. Generate businesr ideas  6. Describe customer needs and the importance of conducting a customer survey  6. Create a business plan  6. Describe customer needs and the importance of conducting a customer survey  6. Create a business plan  7. Create a business plan  8. Principles to follow for growing a business plan  9. Principles to follow for growing a business 4. Case studies	significance of entrepreneurial	<ul><li>2. Values of an Entrepreneur</li><li>3. Case study on qualities</li></ul>	an entrepreneur	03	
skills like an entrepreneurs 2. Problem-solving 3. Ways to think like an entrepreneur 4. Case studies  6. Describe customer needs and the importance of conducting a customer survey  7. Create a business plan  2. Problem-solving 3. Ways to think like an entrepreneur  1. The business cycle 2. Principles of idea creation 3. Generating a business ideas  4. Case studies  1. Understanding customer needs 2. Conducting a customer survey  7. Create a business plan 3. Principles to follow for growing a business 4. Case studies  1. Group activity to conduct a customer survey  04  1. Group activity to conduct a customer survey  04  1. Group activity to conduct a customer survey  04  1. Group activity on developing a business plan  3. Principles to follow for growing a business 4. Case studies	attitudinal changes required to become an	the attitude of entrepreneur and		03	
business ideas  2. Principles of idea creation 3. Generating a business ideas 4. Case studies  1. Understanding customer needs and the importance of conducting a customer survey  7. Create a business plan  1. Importance of business plan  3. Principles to follow for growing a business 4. Case studies  2. Principles of idea creation  3. Generating a business ideas  04  04  1. Group activity to conduct a customer survey  04  04  04	skills like an entrepreneur	entrepreneurs 2. Problem-solving 3. Ways to think like an	identifying and solving problems	04	
customer needs and the importance of conducting a customer survey  7. Create a business plan  2. Importance of business plan  3. Principles to follow for growing a business 4. Case studies  conduct a customer survey  1. Group activity on developing a business plan  3. Principles to follow for growing a business 4. Case studies		<ul><li>2. Principles of idea creation</li><li>3. Generating a business idea</li></ul>		04	
plan  planning  2. Preparing a business plan  3. Principles to follow for growing a business 4. Case studies  developing a business plan  plan  od  developing a business plan  plan  od  developing a business plan  od  od  od  od  od  od  od  od  od  o	customer needs and the importance of conducting a	customer needs 2. Conducting a	conduct a customer	04	
growing a business 4. Case studies		planning 2. Preparing a business plan	developing a business		
Total 25	Total	growing a business		04 <b>25</b>	

UNIT 5: GREEN SKILL	S – III		
Learning Outcome	Theory (07 hrs)	Practical (08 hrs)	Duration (15 hrs)
Describe the importance of the main sector of the green economy	1. Meaning of ecosystem, food chain and sustainable development 2. Main sectors of the green economy- E-waste management, green transportation, renewal energy, green construction, and water management	Group discussion on sectors of green economy     Preparing posters on various sectors for promoting green economy	06
2. Describe the main recommendatio ns of policies for the green economy	1. Policies for a green economy	1. Group discussion on initiatives for promoting the green economy 2. Writing an essay or a short note on the important initiatives for promoting green economy.	03
3. Describe the major green sectors/ areas and the role of various stakeholders in the green economy	Stakeholders in the green economy	1. Group discussion on the role of stakeholders in the green economy  2. Making solar bulbs.	03
4. Identify the role of government and private agencies in the green economy	Role of the government in promoting a green economy     Role of private agencies in promoting green economy	Group discussion on the role of Government and Private Agencies in promoting a green economy.      Preparing posters on green sectors.	03
Total			15

# Part B: Vocational Skills

S. No.	Units	Duration
		(Hrs)
1.	Unit 1: Introduction to Clothing, Tailoring and Sewing Machine	15
2.	Unit 2: Sewing tools and Sewing Machine Operations	35
3.	Unit 3: Basics of Garment Construction	30
4.	Unit 4: Measurement Techniques	20
5.	Unit 5: Construction of Children and Women's Garments	45
6.	Unit 6: Care and Maintenance of sewing Machine	20
Total		165

Unit 1: Introduction	Unit 1: Introduction to Clothing, Tailoring and Sewing Machine			
Learning Outcome	Theory Practical (10 Hrs) (5 Hrs)	Duration (15 Hrs)		
Explain sewing     machines and its     types	Introduction to sewing machine     Classification of sewing machine     machine     machine     machine     sewing machine	ind 05		
Describe     terminology     related to sewing     and garment	<ol> <li>Different terminologies related to sewing and garment</li> <li>Identify different types of sewing attachments</li> </ol>			
3. Describe parts and attachments of a sewing machine	<ol> <li>Parts of a sewing machine and their functions</li> <li>Attachments of a sewing machine and their function</li> <li>I. Understand functions of different parts and attachments of attachments of sewing machine</li> </ol>	05 a		
Total		15		

Unit 2:Sewing Tools	and Sewing Machine Ope	rations	
Learning Outcome	Theory (15 Hrs)	Practical (20Hrs)	Duration (35 Hrs)
Identify measuring     and marking tools     and describe their     uses	Enlist and explain different measuring tools     Enlist and explain different marking tools	Visit market and source different measuring and marking tools	05
Identify cutting     tools and describe     their uses	Enlist and explain different cutting tools	Identify cutting     tools	05
<ol> <li>Identify different needles and threads</li> </ol>	<ol> <li>Hand Sewing needles</li> <li>Sewing machine needles and their functions</li> </ol>	identification of different needles, threads and fabrics	15

Learning	Theory	Practical	Duration
Outcome	(15 Hrs)	(20Hrs)	(35 Hrs)
	<ul> <li>3. Classification of sewing needle</li> <li>4. Sewing thread and its classification</li> <li>5. Selection of needle, thread and stitch for various fabrics</li> </ul>	2. Selection of sewing thread and needle as per fabric	
4. Explain preparation and operation of sewing machine	Preparation of a single needle sewing machine     Operating the sewing machine	Prepare a sewing machine     Practice operation of a sewing machine	10
Total	•	•	35

Learning Outcome	Theory (13 Hrs)	Practical (17 Hrs)	Duration (30 Hrs)
Explain various     types of stitches	1. Hand stitches:  a) Constructive stitches-  • Temporary stitches like even and uneven basting, diagonal and slip basting  • Permanent stitches like running, back and hems stitches  b) Decorative stitches  • stem,chain,feather,  • lazy daizy,satin,  • blanket,bullion stitches, etc.	Identify various types     of stitches	05
2. Explain the types of seams	<ul> <li>Seams-</li> <li>Plain</li> <li>Channel</li> <li>Lapped</li> <li>Flat and fell</li> <li>French etc. and its importance</li> </ul>	Identify various types     of seams	07
3. Explain the edge finishes and its types	<ul> <li>1. Types of Edge Finishes-</li> <li>Pinked</li> <li>Edge stitched</li> <li>Double stitch</li> <li>Overcast</li> <li>Herringbone</li> <li>Bound Seam edge</li> </ul>	Identify the types of edge finishes	05

Learning	Theory	Practical	Duration
Outcome	(13 Hrs)	(17 Hrs)	(30 Hrs)
4. Explain Disposal of fullness and identify their application in garments	<ol> <li>Fullness in garments can be obtained through-</li> <li>Pleats-Knife, Box, Inverted</li> <li>Darts- Single and Double pointed</li> <li>Tucks-Pin, Corded, Cross</li> <li>Gathers- By hand, By machine, By using Elastic, Shirring, Frills and Ruffles</li> </ol>	Identify pleats, darts, tucks, shirring and ruffles	05
5. Explain the types of fasteners and plackets	<ol> <li>Various types of fasteners</li> <li>The purpose of using fasteners</li> <li>Plackets and its types</li> </ol>	Identify various types of fasteners     Identify the types of plackets	03
6. Describe the basic garment components	Different Types of collars, sleeves, cuffs, pockets, neckline, yokes and belts	Identify Different     types of collars,     sleeves, cuffs,     pockets, neckline,     yokes and belts	05
Total			30

Learning	Theory	Practical	Duration
Outcome	(07 Hrs)	(13 Hrs)	(20 Hrs)
Describe     importance and     methods of taking     body     measurements	1. Body measurements and their importance 2. Measurements needed for the construction of garments:  • Measurements needed for the construction of:  • Children's garments  • Male garments  • Female garments  3. Method and sequence of taking body measurements	Take measurements from body     Obtain measurements from ready garments	10
Explain pattern     making methods	<ol> <li>The importance of paper patterns</li> <li>Different pattern making methods</li> </ol>	Write importance of paper patterns in the practical file	10

Learning	Theory	Practical	Duration
Outcome	(07 Hrs)	(13 Hrs)	(20 Hrs)
3. Understand importance and principles of drafting	Principles of drafting     Steps for drafting     bodice and sleeve     pattern for a child and     an adult	Prepare drafts of bodice block and sleeve	

Learning Outcome	Theory (15 Hrs)	Practical (30 Hrs)	Duration (45 Hrs)
Demonstrate     selection of fabric     as per its use	Types of fabric commonly used for garment construction     Common fabrics for different garments	Identify different fabrics as per garment	05
2. Explain pattern markings and layout	Different pattern markings:         • Grain line         • Cutting line         • Pattern adjustment line         • Fold line         • Stitch line         • Notches         2. Different layouts of fabric	Identify different fabric layouts	05
3. Demonstrate the construction of Jabla and Jangia	Drafting of and     construction of     Jhablaand Jangia	ContructJabla and Jangia	10
4. Demonstrated rafting and construction of Baby Frock	Drafting and     construction of Baby     Frock	Carry out fabric     placing, marking     and cutting for Baby     Frock	05
5. Demonstrate drafting and construction of plain skirt, petticoat and nighty	Drafting and construction of plain Skirt , petticoat and nighty	Construct plain skirt,     petticoat and nighty	10
6. Demonstrate drafting and construction of Salwar, Kurta and Blouse	Drafting and construction of Salwar, Kurta and Blouse	Construct a Salwar,     Kurta and Blouse	10
Total			45

Unit 6: Care and M	aintenance of Sewing Ma	chine	
Learning Outcome	Theory (08 Hrs)	Practical (12 Hrs)	Duration (20 Hrs)
Demonstrate     cleaning, oiling     and handling of     sewing machine	<ol> <li>Proper cleaning of a sewing machine</li> <li>Proper oiling of a sewing machine</li> <li>Safe handling procedure of Sewing Machine</li> <li>Handle materials, machinery, equipment and tools safely and correctly</li> </ol>	Practice cleaning of a sewing machine	10
2. Identify and rectify machine and sewing defects	<ol> <li>Various sewing machine defects, their causes and rectification</li> <li>Various sewing defects, their causes and rectification</li> </ol>	Rectify sewing     defects of machine     and sewing	10
Total			20

# CLASS 12

# Part A - Employability Skills

S. No.	Units	Duration
		(hrs)
1.	Communication Skills- IV	25
2.	Self-management Skills - IV	25
3.	Information and Communication Technology Skills - IV	20
4.	Entrepreneurial Skills - IV	25
5.	Green Skills - IV	15
Total		110

Learning Outcome	Theory (10hrs)	Practical (15hrs)	Duration (25hrs)
Demonstrate     active listening     skills	<ol> <li>1. Active listening -listening skill, stages of active listening</li> <li>2. Overcoming barriers to active listening</li> </ol>	1. Group discussion on factors affecting active listening 2. Preparing posters of steps for active listening 3. Role-play on negative effects of not listening actively	10
2. Identify the parts of speech	Parts of speech – using capitals, punctuation, basic parts of speech,     Supporting parts of speech	Group practice on identifying parts of speech     Group practice on constructing sentences	10
3. Write sentences	1. Writing skills to the following:  • Simple sentence  • Complex sentence  • Types of object  2. Types of sentences  • Active and Passive sentences  • Statement/  • Declarative sentence  • Question/  • Interrogative sentence  • Emotion/  • Reaction or Exclamatory sentence  • Order or Imperative sentence	1. Group work on writing sentences and paragraphs 2. Group work on practicing writing sentences in active or passive voice 3. Group work on writing different types of sentences(i.e., declarative, exclamatory, interrogative and imperative)	05
Total	3. Paragraph writing		

Learning	Theory	Practical	Duration
Outcome	(10hrs)	(15hrs)	(25hrs)
Describe the various factors influencing motivation and positive attitude	1. Motivation and positive attitude 2. Intrinsic and extrinsic motivation 3. Positive attitude – ways to maintain positive attitude 4. Stress and stress management - ways to manage stress	1. Role-play on avoiding stressful situations 2. Activity on listing negative situations and ways to turn it positive	10
2.Describe how to become result oriented	How to become result oriented?     Goal setting – examples of resultoriented goals	Group activity on listing aim in life	5
3. Describe the importance of self-awareness and the basic personality traits, types and disorders	<ol> <li>Steps towards self-awareness</li> <li>Personality and basic personality traits</li> <li>Common personality disorders-         <ul> <li>Suspicious</li> <li>Emotional and impulsive</li> <li>Anxious</li> </ul> </li> <li>Steps to overcome personality disorders</li> </ol>	Group discussion on self-awareness	10
Total	, , , , , , , , , , , , , , , , , , , ,	<u>l</u>	25

	Learning	Theory	Practical	Duration
	Outcome	(06 hrs)	(14 hrs)	(20 hrs)
1.	Identify the components of a spreadsheet application	1. Getting started with spreadsheet - types of a spreadsheet, steps to start LibreOffice Calc., components of a worksheet.	Group activity on identifying components of spreadsheet in LibreOffice Calc.	02
2.	Perform basic operations in a spreadsheet	<ol> <li>Opening workbook and entering data – types of data, steps to enter data, editing and deleting data in a cell</li> <li>Selecting multiple cells</li> <li>Saving the spreadsheet in various formats</li> <li>Closing the spreadsheet</li> <li>Opening the spreadsheet.</li> <li>Printing the spreadsheet.</li> </ol>	Group activity     on working with     data on     LibreOffice Calc.	03
3.	Demonstrate the knowledge of working with data and formatting text	1. Using a spreadsheet for addition – adding value directly, adding by using cell address, using a mouse to select values in a formula, using sum function, copying and moving formula  2. Need to format cell and content  3. Changing text style and font size  4. Align text in a cell  5. Highlight text	<ol> <li>Group activity on formatting a spreadsheet in LibreOfficeCalc</li> <li>Group activity on performing basic calculations in LibreOffice Calc.</li> </ol>	02
4.	Demonstrate the knowledge of using advanced features in spreadsheet	Sorting data     Filtering data     Protecting spreadsheet with password	Group activity on sorting data in LibreOfficeCalc	03
5.	Make use of the software used for making slide presentations	<ol> <li>Presentation software available</li> <li>Stapes to start LibreOffice Impress</li> <li>Adding text to a</li> </ol>	Group practice     on working with     LibreOffice     Impress tools	
		presentation		02

6. Demonstrate the knowledge to open, close and save slide presentations	Open, Close, Save and     Print a slide presentation	Group activity on saving, closing and opening a presentation in LibreOffice Impress	01
7. Demonstrate the operations related to slides and texts in the presentation	1. Working with slides and text in a presentation-adding slides to a presentation, deleting slides, adding and formatting text, highlighting text, aligning text, changing text colour	Group practice     on working with     font styles in     LibreOffice     Impress	04
8. Demonstrate the use of advanced features in a presentation	<ol> <li>Advanced features used in a presentation</li> <li>Inserting shapes in the presentation</li> <li>Inserting clipart and images in a presentation</li> <li>Changing slide layout</li> </ol>	Group activity on changing slide layout on LibreOffice Impress	03
Total			20

Learning	Theory	Practical	Duration
Outcome	(10hrs)	(15hrs)	(25hrs)
. Describe the	1. Entrepreneurship and	1. Group discussion on	
concept of	entrepreneur	the topic "An	
entrepreneurship	2. Characteristics of	entrepreneur is not	
and the types and	entrepreneurship	born but created".	
roles and functions	3. Entrepreneurship-art	2. Conducting a	
entrepreneur	and science	classroom quiz on	
	4. Qualities of a	various aspects of	
	successful	entrepreneurship.	
	entrepreneur		
	5. Types of entrepreneurs		10
	6. Roles and functions of		10
	an entrepreneur		
	7. What motivates an		
	entrepreneur		
	8. Identifying		
	opportunities and risk-		
	taking		
	9. Startups		

Total			25
4. Demonstrate the knowledge of entrepreneurial attitude and competencies	<ol> <li>Entrepreneurial competencies</li> <li>Decisiveness</li> <li>Initiative</li> <li>Interpersonal skills-positive attitude, stress management</li> <li>Perseverance</li> <li>Organisational skills-time management, goal setting, efficiency, managing quality.</li> </ol>	<ol> <li>Playing games, such as "Who am I".</li> <li>Group discussion on business ideas</li> <li>Group practice on "Best out of Waste"</li> <li>Group discussion on the topic of "Let's grow together"</li> <li>Group activity on listingstress and methods to deal with it like Yoga, deep breathing exercises, etc.</li> <li>Group activity on time management</li> </ol>	05
3. Identify the attitude that make an entrepreneur successful	Entrepreneurial     attitude	entrepreneur.  1. Group activity on identifying entrepreneurial attitude.	05
Identify the barriers to entrepreneurship	<ol> <li>Barriers to entrepreneurship</li> <li>Environmental barriers</li> <li>No or faulty business plan</li> <li>Personal barriers</li> </ol>	1. Group discussion about "What we fear about entrepreneurship"  2. Activity on taking an interview of an	05

Learning	Theory	Practical	Duration
Outcome	(05hrs)	(10hrs)	(15hrs)
1. Identify the benefits of the green jobs	<ol> <li>Green jobs</li> <li>Benefits of green jobs</li> <li>Green jobs in different sectors:         <ul> <li>Agriculture</li> <li>Transportation</li> <li>Water conservation</li> </ul> </li> <li>Solar and wind energy</li> </ol>	Group discussion     on the importance     of green job.	08
	<ul><li>Eco-tourism</li><li>Building and construction</li></ul>		

2. State the importance of green jobs	Solid waste management     Appropriate technology     I. Importance of green jobs in          Limiting greenhouse gas emissions          Minimizing waste and pollution          Protecting and restoring ecosystems          Adapting to the effects of climate change	<ol> <li>Preparing posters on green jobs.</li> <li>Group activity on tree plantation.</li> </ol>	07
Total			15

# Part B-Vocational Skills

S. No.	Units	Duration
		(Hrs)
1.	Unit 1: Drafting, cutting and sewing process of garments	60
2.	Unit 2: Dart Manipulation	30
3.	Unit 3: Fitting Defects, Remedies and Finishing	40
4.	Unit 4: Basics of Home Textiles	20
5.	Unit 5: Hazards in industry and safety measures	15
Total		165

Unit 1: Drafting, cutting and sewing process of garments			
Learning	Theory	Practical	Duration
Outcome	(20 Hrs)	(40 Hrs)	(60 Hrs)
1. Explain	1. Guide for taking men's	1. Take men's body	
measurement	measurements	measurements	15
techniques of	2. Standard measurements of		13
men	men's garments		
2. Demonstrate	1. Drafting, construction and	1. Construct kalidar	
drafting and	fabric layout of kalidar kurta	kurta and	
construction of a	2. Drafting, construction and	chudidar pyjama	15
Kalidar kurta	fabric layout of chudidar		13
and chudidar	pyjama		
pyjama			

Learning	Theory	Practical	Duration
Outcome	(20 Hrs)	(40 Hrs)	(60 Hrs)
3. Demonstrate drafting and construction of a katori blouse and circular skirt	<ol> <li>Drafting, construction and fabric layout of katori blouse</li> <li>Drafting, construction and fabric layout of circular skirt</li> </ol>	Construct katori     blouse and circular     skirt	15
4. Demonstrate drafting and construction of a Nehru kurta , pant pyjama and single-breast waistcoat	<ol> <li>Drafting, construction and fabric layout of Nehru kurta</li> <li>Drafting, construction and fabric layout of pant pyjama</li> <li>Drafting, construction and fabric layout of single-breastwaistcoat</li> </ol>	1.Construction a Nehru kurta , pant pyjama and single- breast waistcoat	15
Total			25

Learning	Theory	Practical	Duration
Outcome	(10 Hrs)	(20 Hrs)	(30Hrs)
Demonstrate     methods of     manipulating the     darts	<ol> <li>Introduction to darts and dart manipulation</li> <li>Methods of shifting a dart-         <ul> <li>Slash and spread method</li> <li>Pivot method</li> </ul> </li> </ol>	<ol> <li>Identify darts and methods ofdart manipulation</li> <li>Practice the methods of shifting a dart and prepare samples</li> </ol>	20
2. Demonstrate method of converting a dart into princess cut/style line	Converting a dart into princess seam from shoulder and from armhole	1.Prepare samples of converting a dart into seam	10
Total			30

Unit 3: Fitting Defects ,Remedies and Finishing			
Learning	Theory	Practical	Duration
Outcome	(15 Hrs)	(25 Hrs)	(40Hrs)
1. Explain fitting	Proper fitting and factors	1. Alter garment for	
defects and	affecting fitting	proper fit	
remedies	2. Garment fitting procedures		20
	3. Steps to resolve the fitting		
	problems to get the proper fit		
2. Understand	1. Women body shapes	Identify different	
figure	2. Types of figure abnormalities	figure abnormalities	15
abnormalities	that lead to fitting problems:		

Learning Outcome	Theory (15 Hrs)	Practical (25 Hrs)	Duration (40Hrs)
Odicome	<ul> <li>Erect figure</li> <li>Stooping figure</li> <li>Corpulent figure</li> <li>Square shoulders</li> <li>Sloping/down shoulders</li> <li>Short and stout figure</li> <li>Tall and thin figure</li> <li>Prominent bust</li> <li>Flat bust</li> <li>Hump back</li> <li>Pigeon chest</li> <li>Knocking knees and bowlegs</li> </ul>	(23 1113)	(401113)
3. Explain finishing of garments	Garment finishing process     and steps	1. Finish a garment	05
Total		<u>I</u>	40

Unit 4: Basics of Home Textiles			
Learning	Theory	Practical	Duration
Outcome	(10 Hrs)	(10 Hrs)	(20Hrs)
Understand     home textiles	Introduction to different home textiles:         Bed textiles         Window textiles         Table linen         Kitchen linen         Floor covering         Upholstery fabrics         Bathroom textiles	Identify different home textiles	07
2. Explain kitchen textiles	<ol> <li>Introduction to Various typesof kitchen textile products:         <ul> <li>Apron</li> <li>Kitchen towel</li> <li>Kitchen dish cloth</li> <li>Kitchen gloves</li> <li>Pot holder and oven gloves</li> </ul> </li> <li>Drafting and construction of an apron</li> </ol>	Identify different kitchen textiles     Construct an apron	13
Total	ı	ı	20

Unit 5: Hazards in Industry and Safety Measures			
Learning Outcome	Theory (05 Hrs)	Practical (10 Hrs)	Duration (15Hrs)
Define risks and hazards in a tailoring unit	Types of Hazards in a tailoring unit like fire hazards, electrical hazards, chemical hazards, biological hazards, etc.     Common hazards and its preventive measures	Identify hazards in a tailoring unit	07
3. Explain health and safety measures for a self- employed tailor	Safety precautions to be followed by a self-employed tailor while working     Different safety and navigation symbols	Identify safety and navigation symbols	08
	Total	,	20

### 6. ORGANISATION OF FIELD VISITS

In a year, at least 3 field visits/educational tours should be organised for the students to expose them to the activities in the workplace.

Visit Boutiques, Market, Workshops, relevant industries and small units to observe the following: Location, Site, Office building, Store, Fabric yard, Packing area, Fabric store, Cutting area and Industrial machines. During the visit, students should obtain the following information from the owner or the supervisor of the industry:

- 1. Area under industry and its layout
- 2. Departments in industry
- 3. Work culture and environment of various departments
- 4. Various Sewing and Cutting Machines
- 5. Tools and Equipment used in Tailoring
- 6. Different buyers the company deals with
- 7. Product range of the industry
- 8. Understand time and action calendar
- 9. Manufacture, export, import, sale procedure.
- 10. Sale procedure
- 11. Manpower engaged
- 12. Total expenditure
- 13. Total annual income
- 14. Profit/Loss (Annual)
- 15. Any other information

# 7. LIST OF EQUIPMENT AND MATERIALS

The list given below is suggestive and an exhaustive list should be prepared by the vocational teacher. Only basic tools, equipment and accessories should be procured by the Institution so that the routine tasks can be performed by the students regularly for practice and acquiring adequate practical experience.

### **MEASURING TOOLS:**

- 1. Tape Measure
- 2. Sewing Gauge
- 3. Clear Ruler:
- 4. Skirt-Hem Marker
- 5. Retractable Tape Measure
- 6. Zipper Guide
- 7. Adhesive-Backed Rulers

### **DRAFTING TOOLS:**

- 1. Wooden Table
- 2. Brown sheet
- 3. Dress Model
- 4. Ball pin
- 5. Pin Cushions.

### **MARKING TOOLS:**

- 1. Colour Pencil (Red & Blue)
- 2. Marking chalk
- 3. Tracing Wheel

### **CUTTING TOOLS:**

- 1. Scissors
- 2. Shears
- 3. Pinking shears
- 4. Seam Ripper
- 5. Thread Clipper

### STITCHING TOOLS:

- 1. Fabric
- 2. Needles
- 3. Thread
- 4. Thimble
- 5. Needle threader
- 6. Bobbin
- 7. Loop turner
- 8. Tailor's Chalk
- 9. Sewing Machine
- 10. Sewing Box
- 11. Hip Curve
- 12. Yardstick/Meter-stick

### PRESSING TOOLS:

- 1. Iron box
- 2. Ironing board
- 3. Press cloth
- 4. Sleeve board
- 5. Seam roll

# 8. VOCATIONAL TEACHER'S/ TRAINER'S QUALIFICATION AND GUIDELINES

Qualification and other requirements for appointment of vocational teachers/trainers on contractual basis should be decided by the State/UT. The suggestive qualifications and minimum competencies for the vocational teacher should be as follows:

S. No.	Qualification	Minimum Competencies	Age Limit
1.	Post-graduation in Textile and Clothing or Relevant area from a recognized Institute /University,	Effective communication skills (oral and	18-37 years (as on Jan. 01 (year))
	with at least 1 yearwork/	written)	Age relaxation to
	teaching experience in Textile	<ul> <li>Basic computing</li> </ul>	beprovided as
	and Clothing.	skills	perGovt. rules

Vocational Teachers/Trainers form the backbone of Vocational Education being imparted as an integral part of Rashtriya Madhyamik Shiksha Abhiyan (RMSA). They are directly involved in teaching of vocational subjects and also serve as a link between the industry and the schools for arranging industry visits, On-the-Job Training (OJT) and placement.

These guidelines have been prepared with an aim to help and guide the States in engaging quality Vocational Teachers/Trainers in the schools. Various parameters that need to be looked into while engaging the Vocational Teachers/Trainers are mode and procedure of selection of Vocational Teachers/Trainers, Educational Qualifications, Industry Experience, and Certification/Accreditation.

The State may engage Vocational Teachers/Trainers in schools approved under the component of Vocationalisation of Secondary and Higher Secondary Education under RMSA in the following ways:

(i) directly as per the prescribed qualifications and industry experience suggested by the PSS Central Institute of Vocational Education(PSSCIVE), NCERT or the respective Sector Skill Council(SSC)

OR

- (ii) through accredited Vocational Training Providers accredited under the National Quality Assurance Framework (NQAF\*) approved by the National Skill Qualification Committee on 21.07.2016. If the State is engaging Vocational Teachers/Trainers through the Vocational Training Provider (VTP), it should ensure that VTP should have been accredited at NQAF Level 2 or higher.
  - \* The National Quality Assurance Framework (NQAF) provides the benchmarks or quality criteria which the different organisations involved in education and training must meet in order to be accredited by competent bodies to provide government-funded education and training/skills activities. This is applicable to all organizations offering NSQF-compliant qualifications.

The educational qualifications required for being a Vocational Teacher/Trainer for a particular job role are clearly mentioned in the curriculum for the particular NSQF compliant job role. The State should ensure that teachers/trainers deployed in the schools have relevant technical competencies for the NSQF qualification being delivered. The Vocational Teachers/Trainers preferably should be certified by the concerned Sector Skill Council for the particular Qualification Pack/Job role which he/she will be teaching. Copies of relevant certificates and/or record of experience of the teacher/trainer in the industry should be kept as record.

To ensure the quality of the Vocational Teachers/Trainers, the State should ensure that a standardized procedure for selection of Vocational Teachers/Trainers is followed. The selection procedure should consist of the following:

- (i) Written test for the technical/domain specific knowledge related to the sector;
- (ii) Interview for assessing the knowledge, interests and aptitude of trainer through a panel of experts from the field and state representatives; and
- (iii) Practical test/mock test in classroom/workshop/laboratory.

In case of appointment through VTPs, the selection may be done based on the above procedure by a committee having representatives of both the State Government and the VTP.

The State should ensure that the Vocational Teachers/Trainers who are recruited should undergo induction training of 20 days for understanding the scheme, NSQF framework and Vocational Pedagogy before being deployed in the schools.

The State should ensure that the existing trainers undergo in-service training of 5 days every year to make them aware of the relevant and new techniques/approaches in their sector and understand the latest trends and policy reforms in vocational education.

The Head Master/Principal of the school where the scheme is being implemented should facilitate and ensure that the Vocational Teachers/Trainers:

- (i) Prepare session plans and deliver sessions which have a clear and relevant purpose and which engage the students;
- (ii) Deliver education and training activities to students, based on the curriculum to achieve the learning outcomes;
- (iii) Make effective use of learning aids and ICT tools during the classroom sessions;
- (iv) Engage students in learning activities, which include a mix of different methodologies, such as project based work, team work, practical and simulation based learning experiences;
- (v) Work with the institution's management to organise skill demonstrations, site visits, onjob trainings, and presentations for students in cooperation with industry, enterprises and other workplaces;
- (vi) Identify the weaknesses of students and assist them in up-gradation of competency;
- (vii) Cater to different learning styles and level of ability of students;
- (viii) Assess the learning needs and abilities, when working with students with different abilities

- (ix) Identify any additional support the student may need and help to make special arrangements for that support;
- (x) Provide placement assistance

Assessment and evaluation of Vocational Teachers/Trainers is very critical for making them aware of their performance and for suggesting corrective actions. The States/UTs should ensure that the performance of the Vocational Teachers/Trainers is appraised annually. Performance based appraisal in relation to certain pre-established criteria and objectives should be done periodically to ensure the quality of the Vocational Teachers/Trainers. Following parameters may be considered during the appraisal process:

- 1. Participation in guidance and counselling activities conducted at Institutional, District and State level;
- 2. Adoption of innovative teaching and training methods;
- Improvement in result of vocational students of Class X or Class XII;
- 4. Continuous up-gradation of knowledge and skills related to the vocational pedagogy, communication skills and vocational subject;
- 5. Membership of professional society at District, State, Regional, National and International level;
- 6. Development of teaching-learning materials in the subject area;
- 7. Efforts made in developing linkages with the Industry/Establishments;
- 8. Efforts made towards involving the local community in Vocational Education
- 9. Publication of papers in National and International Journals;
- 10. Organisation of activities for promotion of vocational subjects;
- 11. Involvement in placement of students/student support services.

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